Welcome to UCSB, Gauchos!
Get to Know Gauchos

The Good, the Bad and the Ugly of UCSB’s Unique Culture

Michael Bates
Staff Writer

Like the Great Pumpkin, University of California Santa Barbara traditions are both sketchy and sincere at the same time. Everyone overlooks UCSB’s great history as a prime institution of learning and research. Instead, our more outstanding traditions are more fun and fancy-free.

One academic tradition is the Undie Run. Every Wednesday of finals week, UCSB students dress down in their best undergarments and run from the middle of Davidson Library to the end of Del Playa.

Every Wednesday of finals week, UCSB students dress down in their best undergarments and run from the middle of Davidson Library to the end of Del Playa. It’s a fun way to blow off steam, and primo excuse to have a “be in shape by” date. Plenty of people take pictures though, so it’s not an event for those averse to being photographed. It was a parade of wonder the first time I was passed by a great sea of half-naked flesh, and is something I won’t soon forget.

Unfortunately freshmen traditions aren’t so cool. In the opening weeks of the school year it’s assumed anyone wearing UCSB-branded clothing is a freshman, and to berate him or her as such. In addition, houses along DP and other streets will arm themselves with a load of water balloons to throw at any random passersby. While asinine, it’s a fact of life in Isla Vista, so don’t wear your best clothes out.

An involuntary tradition is the Freshmen 15, where you gain around 15 pounds. Being on your own with unlimited amounts of food from the dining commons and probably unsupervised alcohol or substance consumption help. Just watch yourself and exercise self control, and you’ll avoid those problems. The Recreational Center, our gym, is free to students, so there’s no need to let yourself go.

Another custom is for people to stress that in IV, one must walk in the street, and not on the sidewalk. While it sounds dumb, it’s socially enforced, and well noted. Don’t even think about taking your vehicle onto any street in IV, as you won’t be able to get anywhere through the crowd of people. I’ve been in too many cars where pedestrians, instead of moving, merely walk on and over the car, fearless in the face of a honking horn.

On a lighter note, Extravaganza is our musical tradition. Every Spring Quarter, UCSB has a free musical event, now exclusive to students, with a variety of big names and genres. Speculation and complaint about the play list is a cherished part of student life. Seeing it last year, nothing could ever beat Cee-Lo Green singing Black Sabbath’s “War Pigs” with all female rock ‘n’ roll band. You just can’t get enough experiences like that.

Floatopia is a former tradition in IV, held during the first week of spring quarter, but after a particularly good 2009, the local law enforcement shuts down the beaches for those first couple weeks. Instead, DP-topia is a makeshift weekend long party held along the streets of IV. Just make sure to keep all your stuff in your pockets and say hello to all the parents visiting, since Parents’ Weekend coincides with this event.

For our sportier new students, a fun, safe and tasty tradition is the throwing of tortillas at soccer games. UCSB soccer is something we’re rather proud of, and we toss tortillas to show our approval of our team. This hallowed ritual requires only a tortilla and a good throwing arm, so prepare accordingly for your next game.

Lastly, there’s Halloween. Again, like the Great Pumpkin, Halloween is ridiculous, looked upon with childlike wonder and brings people together. It’s also a time of rampant crime and the bad kind of debauchery with too many people in too small of a space, in too little clothing with too few inhibitions and too few happy endings. Halloween is an experience and a tradition, but it’s not the wonderland you may have heard of. It’s a disaster in the making every year, and utterly unforgettable, assuming you can remember any of it.

The Bottom Line (TBL) is an alternative voice on campus...

We provide a printed and online space for student investigative journalism, culturally and socially aware commentary and engaging reporting that addresses the diverse concerns of our readership and community.

This is your community to build, share ideas and publicize your issues and events. We welcome your questions, comments or concerns at bottomlineucsb@gmail.com or call our office phone 805-893-2440.

TBL is always looking for new additions to our team. If you are interested in writing or photographing for The Bottom Line, email bottomlineucsb@gmail.com for more information.
Keeping it Classy in Santa Barbara: Course Recommendations

Audrey Ronningen  
Promotions Manager

University of California Santa Barbara offers a wide range of classes that likely extend beyond what many are used to. To help the class of 2016 get started, compiled here is an overview of recommended classes to take during your first year at UCSB.

World Music (MUS 17):  
Like most classes in the music department, this one counts toward the Area F requirement; however, it is unique compared to other classes in that you don't necessarily need a musical background to do well. MUS17 is an introductory course to a subject called 'ethnomusicology,' which can be thought of as a combination between the two disciplines of music and cultural anthropology. If you have any interest in either music, world culture or both, then you're almost bound to find the class interesting. From personal experience, I can attest that while you do have to put in some effort to do well, both the professor and the content make it very worthwhile. Ethnomusicology is Professor Marcus’ specialty, and his enthusiasm for the subject comes through in his teaching. MUS17 is a great way to broaden your cultural and musical perspective, and one of the most enjoyable classes I’ve taken at UCSB.

American History Requirement

Introduction to Literary Studies (ENG 10):  
This class is a prerequisite for English majors and a way to get the Area A2 requirement out of the way for everyone else. An important note: it does matter which professor you have, since their teaching styles are very different. Students describe Griffin as fairly easy to follow, while Waid has a reputation for being unstructured with her lectures. If you like reading and critical analysis, though, this is definitely a good class to take. The course focuses on acquainting students with a wide variety of literary terms, and focuses on literature, including essays, short stories, plays and novels. I found that the most important thing is to keep up with the readings, since they are the core of the course. One student, second-year art and art history major Mariah Min, gave her input on the class.

“English 10 is a great class that exposes you to a lot of different types of literature that you might otherwise ignore. It also includes more contemporary writing, instead of all the ‘classics’ like in high school,” she said.

If you’re already interested in this subject, then this class is undoubtedly an excellent one—if not, it could be the thing that makes you appreciate and enjoy reading and literary analysis.

Area A2 Requirement

Class Registration Tips  
Log on to GOLD prior to your pass time to plan out your schedule pressure free.

Prioritize your classes - take care of major requirements and GE’s first pass, and save “for fun” courses for second or third pass.

Look at the “enrollment history” tab when browsing classes on Gold to get an idea of how popular a course is and how often it is offered.

Other Course Suggestions

- History of Life (EARTH 30)
- Intro to Human Sexuality (SOC 152)
- Zen (RG ST 21)
- Intro to Acting (THTR 5)
- Chicano Studies - Culture (CH ST 1C)
- Intro to Psychology (PSY 1)
- History of Modern Dance (DANCE 36)
- Civil Rights Movement (BL ST 6)

CLAS: Academic Resources, Tutoring at Your Fingertips

Tim Fucci  
2011-2012 AS Beat Reporter

Stressed over your class load? Overwhelmed by the amount of reading? Struggling to write college-level papers? Never fear, CLAS is here.

The beauty of attending a major research university like University of California Santa Barbara is the number of free academic resources available at a student's disposal. CLAS, short for Campus Learning Assistance Services, provides the majority of these resources.

Located on the third floor of the Student Resource Building at the west end of campus near Pardall Tunnel, CLAS offers free academic services including course-specific group tutorials, individual writing tutors, tutoring in specific subject areas and workshops designed for new college students.

“Basically CLAS is free services offered to students as a supplemental learning to their classes,” said Alex Marquez-Shaw, CLAS office intake counselor and fourth-year communication and environmental studies double major. “There are group tutorials which are sort of like discussion section in addition to your lecture and discussion. A lot of professors require their students to use CLAS to make sure students are keeping up with the material, especially for math.”

Group tutorials are available for specific courses in subjects including biology, chemistry, economics, engineering, math, statistics and physics. To register for group tutorials, Marquez-Shaw recommends incoming freshman come to the CLAS office and talk to an intake counselor.

In addition to group tutorials, CLAS also offers individual one-on-one tutoring by appointment or drop-in for nearly every subject.

“Tutoring is more flexible than group tutorials, because you don’t have to register,” Marquez-Shaw said. “Tutoring schedules are posted in the CLAS office or online, and there are different services offered throughout the day.”

All tutors are highly skilled in their subject area.

“It was really helpful when I saw a CLAS tutor,” said business economics major Cody Costello. “My study group decided to hire him to tutor us before our midterms.”

Venus Nasri, business and operations manager of CLAS, said the program has recently expanded their tutoring and counseling staff to better assist students.

“We are a student service organization,” said Nasri. “We help all registered UCSB students master course material and we are committed to working collaboratively with faculty, TA and administrators and we have hired new employees like learning skills counselors for reading, writing and biochemistry,” Nasri said.

For students trying to adapt to the demands of college level work, CLAS also provides academic skills workshops. The academic skills program offers free study skills assistance in the form of small group workshops and one-on-one counseling to all registered undergraduate and graduate students. These workshops guide students in certain academic topics including how to organize your time and fight procrastination, and how to get the most out of lecture and perfect note taking, just to name a few.

Students interested in learning more about the services offered by CLAS or interested in enrolling in a tutorial or workshop can visit their website, wwwclas.ucsb.edu, or drop by the office on the third floor of the SRB.

“The best thing is if you go to our website,” Nasri said. “Our program’s schedules are listed quarterly on our website. If students want more information they should come into the office and we would be happy to guide them and give them a full tour of our offices.”

While individual tutoring for writing and specific subjects are open throughout the year, enrollment in group tutorials and workshops is required. Enrollment for fall quarter begins September 27 at 12 p.m. These services fill up fast so do not hesitate.
There are three dining commons that the majority of freshman students will find themselves indulging in: Carrillo, De La Guerra (DLG) and Ortega. Portola, the fourth commons located on the off-campus dorm Santa Catalina, is not a particularly desired destination due to its location and rumored poor-quality meals. Here, you will find a review of the former three commons, giving you an idea and hopefully some interest in the world of dining commons foods. You might be surprised.

Everyone has their own tastes and preferences, but whatever yours may be, any or all of the dining commons at UCSB will compliment your food schedule and interest. Bon appetit!

Ortega

Ortega is dubbed the most organic and eco-friendly out of all the dining commons, while providing awesome breakfast, lunch and dinners during the week. As it is located right next to the UCen, many students make Ortega a pit stop. Sadly, Ortega closes its doors to hungry students on the weekends, but compensates by opening for breakfast bright and early during the week. Make it a point to go on a day when there are omelettes made to order, and you can customize an omelette that will be whipped up for you in a matter of minutes. During lunch, grass-fed burgers and sweet potatoes have exploded in popularity, causing an influx of students during lunchtime and longer lines. Paninis and sandwiches made to order have also drawn in hungry students looking for a filling, healthy meal. Although the availability of food during dinner tends to be on the smaller side, Ortega features a nacho, chili, ice cream or waffle bar (might I mention tater-tots, too!) every night. What it lacks in size, Ortega makes up for in comfort, and is a modern place to grub with your friends in between classes or after a long day.

De La Guerra

De La Guerra dining commons- the DLG, the “Duldge” and the famous place Jack Johnson mentions in his song “Bubble Toes” about his days at University of California Santa Barbara. DLG offers lunch, dinner and late night on the weekdays, and brunch and dinner on the weekends. Here you will find a menu largely concentrated in carbohydrates and meat entrees. Asian, American and Mexican cuisines are always featured on the menu—not to mention ice cream and dessert. For vegetarian, vegan or just plain healthy kids, there is a generous salad bar. Pizza is always served during lunch and dinner, and the chefs do not fail to change the kinds of pizza they serve you. Ever tried taco pizza? One might not think that refried beans would taste good on pizza, but somehow it does. Another well-known dish at DLG is the macaroni and cheese—a filling meal on its own, and a nostalgic reminder of your signature childhood staple. If you are hungry, DLG is the place to go. It is one of the largest (if not the largest) dining commons on campus, and it won’t disappoint.

Carrillo

Located near Manzanita, students must make the voyage past the lagoon to reach Carrillo, where most upperclassmen go to eat. For students who don’t live next to this dining commons, coming here is a treat. It is a change of pace, scenery and type of food. Carrillo takes pride in its unique entrees, like wheat pizza topped with pesto, artichoke and tomatoes and cooked in a massive adobe oven. Constantly bustling, Carrillo also provides more complex dishes of pasta, aside from the average rigatoni and marinara sauce. An Asian cuisine station is always sizzling with fresh veggies and tofu, ready for anyone who dares to try something out of the ordinary. There is also a deli station where students can make their own sandwiches, while grabbing some chips and salsa or hummus. Dessert is always a constant, but students also have access to soft-serve frozen yogurt machines, where people get quite creative. Carrillo is deeply cherished by students at UCSB, and is identified with, arguably, the most delicious and high-quality food.

Highlights:

- De La Guerra:
  - Great Vegetarian/Vegan Options, Mexican and Asian Entrees, Mac and Cheese
  - Hours:
    - [Monday - Thursday]:
      - Lunch 11:00am - 2:30pm
      - Dinner 5:00pm - 8:00pm
    - [Saturday - Sunday]:
      - Brunch 10:30am - 2:00pm
      - Dinner 5:00pm - 8:00pm

- Ortega:
  - Omlettes to Order, Eco-Friendly Options, Waffle Bar and Sundae Bar at Dinner
  - Hours:
    - [Monday - Friday]:
      - Breakfast 7:15am - 10:45am
      - Lunch 11:45am - 2:30pm
      - Dinner 5:00pm - 8:00pm

- Carrillo:
  - Great Italian Options, Deli Sandwich Station, Frozen Yogurt Machine, Nice Atmosphere
  - Hours:
    - [Monday - Friday]:
      - Breakfast 7:15am - 10:00am
      - Lunch 11:00am - 2:30pm
      - Dinner 5:00pm - 8:00pm
    - [Saturday - Sunday]:
      - Brunch 10:30am - 2:00pm
      - Dinner 5:00pm - 8:00pm

Brunch is served every Saturday and Sunday from 10:30am to 2:00pm at De La Guerra (above). Breakfast foods like eggs and waffles are served alongside lunch options like pizza and salad.
True Life: Advice to Life in the Dorms

Camila Martinez-Granata
Opinion Editor

It was the last possible day to move in, and as my parents and I zoomed through Pismo Beach, I could see the sun setting behind the cliffs. By the time I had reached campus, not only was I extremely nervous, but also completely clueless. Here I was, finally at college. So when I finally met my roommate, I hoped I would at least find some sense of comfort. Instead, the first thing she said to me was, “You have really big boobs!”

That first meeting with my roommate was a tad less conventional than I expected, and her first words to me were a precursor to our hilarious relationship—and the next nine months together. We loved each other, we hated each other; sometimes, I couldn’t tell whether or not she was going to throw her rugby ball at me when I came home late. I learned many things living with a total stranger, who soon came to be someone who saw me at my most candid, raw moments.

I bet many of you have concerns and excitement about living with a new person, or several new people. Here are the things I would have told my naive self the day I set foot into my dorm.

Get to know your roommate without any expectations of how your relationship will be. You will be living with this person the entire school year, and before you assert any preconceived notions of being best friends or enemies, get to know the person. This isn’t high school anymore—you will find that a lot of the times you don’t flat out despise or adore someone. Trying to become besties with your roomie can put on overwhelming pressure, and the more you get to know them, you might see that perhaps you aren’t meant to be that close. But be careful to dislike them just because they aren’t your soul mate. The people around you are not always going to be emotionally there for you, nor will they want to do everything you do. Learn his or her general schedule, what he or she likes to do and most importantly, the things he or she might not be okay with. Know your roommate for who he or she is, not who you want him or her to be. Expect your roommate to do the same.

Get the “sexile” talk out the way. I know not everyone engages in the hook-up culture of Isla Vista, but everyone has their own stories and finds themselves in unexpected situations—friends with benefits, boyfriend/girlfriends or even one-night stands. Talk to your roommate about what you are both comfortable and not comfortable with. Getting this sometimes awkward or obnoxious conversation out of the way could save you from that very awkward moment when you walk in on your roommate doing god knows what. Just do it. Literally.

Be honest. Tell your roommate what bothers you, and make sure to listen to them as well. During welcome week, you and your roommate already fill out a sheet saying what you are and aren’t okay with regarding your things and living styles. But sometimes, little things come up. I’ve had friends who have gotten into tiffs with their roommates over eating their food, giving their food to other people, and even getting things stolen. If you don’t like it when your roommate casually sits on your bed or watches TV to fall asleep, tell them the first time. If you wait too long to tell them, they won’t understand why you would tell them now. You don’t have to be mean about it, just let them know.

Make sure you and your roommate are in sync with your dorm. Agree to lock the door every time you leave; but don’t lock your roommate out. Talk about who should take out the trash or recycling when it’s too full and how often it should happen. Decide on whether or not you want air freshener, be it for a nice scent or to get rid of the nasty stench coming from your roommate’s dirty laundry. Figure out the mechanics of both of your living styles, so no one gets the short end of the stick (or locked out in their shower towel).

You will figure all this out yourself in different ways. Your dorm room will become your home away from home—and the last thing you want is for it to be a hostile or uncomfortable environment. It might be easy, it might not. But the bottom line is, you’ll have to figure it out eventually. You have nine months. Good luck.

“Get to know your roommate without any expectations of how your relationship will be.”
When most Gauchos think Associated Students, they think student government and behind-the-scenes action. Yet, AS is actually made up of more than 30 student-run organizations and committees, as well as numerous campus-run services and resources paid for by student fees. Here’s a snapshot of the many faces of AS on-campus.

**AS Bike Shop:** located near the old pool on campus, it’s the best place to receive free advice and discounts on bike repairs.

**AS Cashier’s Office:** located near the UCen, this is the most common place for students to buy readers, bus stickers, and event tickets.

**AS Legal Resource Center:** provides students with free and expert legal advice regarding California State Law, Federal Law, and Local Ordinances.

**KCSB 91.9 FM:** both a non-commercial and educational broadcasting tool, it’s a pre-dominantly student-run radio station.

**AS Queer Commission:** an educational forum that advocates for lesbian, gay, bisexual, transgender, queer, and intersex student’s rights, both on and off-campus.

**AS Recycling:** responsible for UCSB recycling through student route riders who bike around on-campus gathering recycling from receptacles.

**AS Publications:** note-taking services that can provide clear copies of class diagrams, formulas, and other illustrations for students.

**AS Senate:** consists of elected student representatives who serve as the policy-making and governing body of AS.

Shorthand is the spirit of college. The moment you start calling DP by its full name, Del Playa, is the moment everyone will stop inviting you to parties along the infamous beach road. The workings of Associated Students are no different, and since these students make up the student government running your campus, it could never hurt to know the language.

**OSA** = Office of the Student Advocate; assists students accused of violating the University Code of Student Conduct

**UCOP** = University of California Office of the President; system-wide headquarters of the University of California which manages the fiscal and business operations and supports the campuses academic/research missions

**BCC** = Boards, Committees and Commissions; the universal term applied to the organizations that make up AS

**IVCRC** = Isla Vista Community Relations Committee; the AS committee that works to promote and educate the IV community

**SIRRC** = Student Initiated Recruitment and Retention Committee

**Comm on Comm** = Committee on Committees; the committee that oversees all the other committees.
More BCCs: How to Get Involved With Various Groups on Campus

Straight from the Organizations Themselves, Learn About AS SCORE and AS Student Lobby

AS SCORE

The AS Student Commission on Racial Equality (SCORE) is a body funded by the UCSB undergraduates concerned with providing a positive and comfortable learning environment for persons from diverse and underrepresented social backgrounds. SCORE’s purpose is to confront and proactively resolve issues of ethnicity-related concerns and create and promote programs to educate the student body on issues concerning the campus and community that affect students of UCSB. Our big project planned for Fall Quarter is preparing for and organizing a delegation for the annual Student of Color Conference. Be sure to keep an eye out for applications! Get involved with SCORE by attending our meetings and participating this Fall, Tuesdays at 6pm (location TBA). Check out our website (score.as.ucsb.edu) and our Facebook page (https://www.facebook.com/UCSBSCORE) for updates and announcements, or e-mail cochains.score@gmail.com if you have any questions, comments, or concerns!

AS Student Lobby

Overview

Since the 2003-2004 school year, UC tuition has increased from $4,984 to $12,192. Want to do something about this? Consider joining AS Student Lobby. Student Lobby is the official avenue in which students train to be effective lobbyists, working with state and federal legislators, political officials, the media, and various UC staff members, administrators, and organizations. Through Student Lobby, students develop a thorough knowledge of the governing structure of the state, including the California State Assembly, Senate, various committees, current elected representatives, and current legislative policies regarding the status of Higher Education and most significantly, the state budget. Members of Student Lobby take upon themselves primary ownership of the implementation process of all campaigns, which further develops their skills, knowledge, and passion needed to pursue a career in public policy and political/legislative affairs.

First-Year Opportunities

This year, Student Lobby will be implementing a Liaison program and we are looking for dedicated students to help be liaisons to other organizations on campus. With the Liaison program we hope to achieve coalition buildings with other social justice groups to create awareness on issues affecting all students. In the upcoming Fall Quarter, Student Lobby will hold its annual GrassRoots Organizing Weekend which is a three day training for student organizers that wish to learn strategic ways to fight for justice on campus and in the community. In the Winter Quarter, Student Lobby will be hosting its annual Student Lobby Conference where a delegation of UCSB students will join other UC students at the capitol to lobby representatives to support students on issues that are important to us. Throughout the year there will also be constant lobbying opportunities to meet with local representatives to create strong alliances. First-years are strongly encouraged to apply to our Liaison program on our website as well as all of our conferences! Send an email to sbstudentlobby@gmail.com to be on our listserv and check out our website studentlobby.as.ucsb.edu!
Campus Must-Knows
Places to Study

1. The Davidson Library:
A great area to get studying done, equipped with individual tables, individual group rooms, quiet areas, and laptops that you can rent by the hour! A great getaway from the hectic dorms to get one's bookworm on. Also attached to the main entrance on the left is the 24-hour room, like the title says this area is available 24 hours all days of the week.

2. The Student’s Resource Building (aka SRB):
This building provides students with CLAS, or school-work assistance, as well as offer various study rooms. Their printing labs are equipped with state of the art computers. This building also provides various services targeted towards people with disabilities, LGBTQIA, Women’s services, and more.

3. The Mosher Alumni House
Open for UCSB students studying during dead week in preparation for finals, it usually offers free goodies such as coffees and scantrons.

4. The Music and Art Library
This building is near the UCEN and stores an array of resources and knowledge for students interested in Arts and Music, complete with individuals music listening rooms.

5. UCEN
This center has a large study area upstairs with comfortable seats, along with rooms downstairs for quiet studying.

Places to get Food/Drinks

1. The Arbor
Great convenience store with tons of selections, it’s equipped with a Subway, Woodstock’s Pizza, and a coffee stand!

2. Coral Tree Cafe

3. The Hub/ UCEN
This center comes with various food courts downstairs as well as various food stores upstairs.

4. The Engineering Food Court
Hidden deep in the center of the engineering building exist a magnificent food court with a wide array of foods/snacks, including Chinese barbeque, crepes, and wraps.

5. Store at Buchanan

6. Dining Commons
It's a no-brainer that the four dining commons at UCSB are a perfect way for the hungry student to munch on the all you can eat buffet style services. See map for DLG, Ortega, and Carrillo.

Places to Print

1. Davidson Library
This is the only printing spot on campus that operates at early hours, opening at 8 a.m. (sometimes earlier if you need to print that last-minute paper before your morning class)

2. Phelps Hall Printing Lab
Print as much as your heart desires. Just don’t forget that each paper printed is charged to your BARC account.

3. HSSB Printing Lab

4. The SRB Computer Lab
Bike Traffic Runs by the Rules of the Road

Some Bike Rider’s Ed To Digest Before Embarking on UCSB’s Bike Freeways

Kelsey Gripenstraw
Executive Content Editor

University of California Santa Barbara’s unique bike culture allows students easy and environmentally-friendly transportation around its large college campus. Unfortunately, when bike traffic causes problems akin to those of cars on a freeway, law enforcement becomes necessary to preserve safety.

While certain posted signs make some of these laws clear to students, there are a number of regulations students could be fined for that are lesser known by the student body. The laws of the bike paths bear a surprising amount of parallels to the rules of vehicles on the road.

According to the UCSB Police Department, students can be cited for speeding, although the biker is expected to gauge what a safe speed is for the current conditions and traffic. Bikers are prohibited from riding too fast or slow to impede on the safe flow of traffic. They must also stay to the right side of the lane, ride single-file at all times, and signal when turning. Telephones and two earphones as headsets are prohibited unless the biker is equipped with a hands-free device.

UCPD’s Bicycle Safety Officer Matt Stern emphasized that bicyclists in the area are often cited for failing to obey motor laws while on the road.

“It is a misconception that bicyclists always have the right-of-way. If a bicyclist fails to stop at a stop sign and they are hit by a vehicle then the bicyclist may be found at fault and liable for vehicle damage and medical bills,” said Stern.

Officers and anyone with authorization by the Chief of Police reserves the right to impound parked bicycles that impede traffic on any walkway or street, block the entrance or exit to any university building, appear to be abandoned or reported to be stolen. A widely-known regulation is the ban of biking on campus walkways.

“On the UCSB campus we try to keep bicyclists, skateboards and pedestrians separate,” said Stern. “Doing so reduces the likelihood of interactions, which can cause an accident with injury. Among our campus pedestrians are about 1,000 community members with hearing or vision impairments who also rely on the safety of our walkways.”

Though students may find biking through walkways more convenient, they should expect the possibility of a ticket.

“I was taking a quick shortcut through the UCen [walkway] and the cops were there waiting to give a citation,” said second-year environmental studies major Gabriell Banbiu. Banbiu’s $100 fine was eliminated after he completed a one-hour safety course.

“The purpose of the class is to give our community an opportunity to learn laws and important safety information without having to penalize them financially,” said Stern.

While the course allows cited students to forgo the fee entirely, it is only offered to those who receive their citations from UCPD. Thus, students cited in Isla Vista are liable for the total amount of their ticket.

Possibly the most expensive bike citation would be biking under the influence of drugs and alcohol. According to Stern, an arrest, mandatory court appearance, fine of approximately $800 and potential counseling or participation in an awareness program may all be issued.

“Ultimately the rules are set up for everyone’s safety, but it’s just as important to respect each other and communicate,” said Stern. “We are all part of a great community and its everyone’s responsibility to respect each other and help keep UCSB safe.”
The Greek Debate

Lindsay Meola
Staff Writer

I’m not cut out for Greek life. My manicures always chip before I’m even out of the nail salon. I don’t know how a date party works and the idea of living with sixty girls makes me nauseous.

First of all, I don’t understand the dues. There is nothing I love more than free friends and free alcohol, in which both are not hard to come by in Isla Vista. I’m sure that there’s more to it than that, but paying my rent is hard enough, let alone paying dues on top.

Another thing I’m slightly bitter about is their super top-secret way of going about things. I have friends in the Greek system, and they’ll tell me stories and then suddenly stop and say they “can’t tell me anything else.” Why? Is there something going on here I should know about? It’s almost enough to make me join to figure out this mystery. Almost.

A lot of these secrets come from hazings. Even though it is supposed to be outlawed, it most definitely still occurs. And the stories heard through the grapevine do not sound like fun. Drinking an incredible amount of alcohol resulting in projectile vomiting and being locked in a house for a week doesn’t sound all that appetizing to me.

Living in one house sounds too good to be true, which means it must be. Frats always reek of stale beer, the floors are uncomfortably sticky and there seems to be a growing collection of girls’ undergarments in random places.

Sororities do not have parties, so the cleanliness is certainly better. However, they cannot have male visitors upstairs past a certain time. I’m not trying to jump the gun here, but doesn’t this almost promote walks of shame?

Also this “big” and “little” and “grand-big” lingo is really too much for me to handle. Maybe my vocabulary is too straight-edge and grammatically correct, but status update likes “OMG I lov3 my big <333 xoxo forever!!!” make me want to head-butt my computer.

The time and effort that goes into being in a frat or a sorority is obnoxiously thorough. Why is it necessary to memorize the first and last name of everyone in your respective house and where they are from? Doesn’t that turn making friends into a standardized test? And if these houses are filled with such bubbly, fantastic individuals, why can’t they include non-Greek lifers in their parties? This exclusion and self-absorption sends me right back to high school, and I thought we all graduated for a reason.

Finally, it amazes me that people are so willing to walk into predetermined stereotypes. Personally, I’d rather be known for myself as an individual than three letters in a different language strung together. Greek life’s respective frats and sororities nearly always appear as a sub-title.

Worse, these sub-titles tend to have some negative connotations. Delta Gamma has been referred to as “dick grabbers,” Alpha Phi has been known as “all for free” and Lambda Chi “rammed a guy” just to name a few. These sexually inappropriate acronyms and such are not something I would ever want to be associated with.

A UCSB student who wishes to remain anonymous gave Greek life a shot.

“If I ever had the chance to do it again, I would pass on the opportunity,” she said. “After going through the pledging process, I had gone through weeks of being pushed to my limits both by physical testing and emotional endurance, both of which took a toll on how I performed academically.”

Greek life comes with a lot of objectifying, harmful behaviors, and expenses. The lure of constant partying and endless hookups sounds more glorious than it actually is. Like anything, that gets old after awhile.

Shervin Shaikh
Staff Writer

The Greek System is overlooked by many students at UCSB. They may say that they can just go to Del Playa and party, why would they ever need to join a fraternity or a sorority? However, they overlook a lot of benefits of the Greek system. Going Greek can give you the opportunity to expand your social life, jump into leadership positions, fill your networking appetite and discover many close friends for life.

If you think partying at UCSB is over the top, once you go Greek everything changes. Greeks are known to provide the main party scene at many other schools, so in order to live up to and go beyond that standard here, Greek throw parties on weekends and weekdays. Themed Gathering, or TG as they call it, usually occur on Tuesday, Wednesday and Thursday nights and offer an opportunity to party and socialize.

My favorite part of being Greek are the date parties and date trips. When do I have the time to set up trip with my friends to go to Vegas or Havasu? Being a part of the Greek system easily gives me the opportunity to go on trips like these with almost no hassle. I have never been bored since joining the Greek system. Some people struggled to find things to do their very first quarter at UCSB but I quickly found a close group of friends and was presented with events left and right after joining a fraternity.

Social events are not the only benefit from joining the Greek system. There is also an abundance of leadership opportunities that a non-Greek can’t take advantage of. They give students the opportunity to learn the basics of planning, organizing and working toward a certain goal. Finding leadership positions at a large school can be hard because not many know where to start looking. The Greek system gives students an opportunity to hold leadership positions on a smaller scale and then network with guys or girls in their house to hold larger leadership positions later on.

Networking is a huge bonus when it comes to joining the Greek system; it allows for opportunities that you would have never thought about or discovered on your own. For example, when I first joined my fraternity I started off as our public affairs chair, working on small projects. Then I was introduced and encouraged by a brother to run for Associated Students Legislative Council alongside him and now I hold a large leadership position. This was all because of the friends I’ve made through the Greek system. Not only are there networking abilities at school but also beyond school as there are alumni everywhere who are able to refer internships and jobs to current students in the same fraternity they were.

These reasons may seem enticing but it’s not the parties, the leadership opportunities or networking perks that make Greek life a great choice; it’s the life-long friendships that you’ll make, the best friends that you can never replace and the moments that let you say that these are my brothers or sisters that make Greek life worth it. Many of the friends I have made from joining a fraternity will be the best men at my wedding, the men at my first baby shower and the men mourning me at my funeral. I have friends and then I have my fraternity brothers. They are my brothers because through the good times and bad times, we all stick together. We are inseparable.

If these reasons have not convinced you that the Greek system can be a bonus in your life, then going Greek may not be for you. But I believe going Greek adds another piece to the pie of the college experience; a bonus many people should take advantage of.
Squeezing Health into an Already Frenetic First-Year Lifestyle

Karolina Zydziak
Health & Lifestyles Editor

Entering into any new atmosphere facilitates a rapid loss of habits, even those that we’ve spent years perfecting. It’s even easier to misplace our firm, positive perspectives on essential basic values regarding taking care of our bodies. Although the infamous “Freshman 15” has been exposed as fiction, many students still remain in the dark about the looming effects their unhealthy habits may have on their lives.

Aside from the obvious weight gain students may experience as a consequence of not eating well or staying fit, there are many other hidden costs that can take their toll.

“I think more it can decrease your ability to study, and if you’re not exercising that means your physical fitness goes back—all of those just contribute to not feeling well,” said Carrie L. Flack, a nutrition specialist at University of California Santa Barbara.

To counteract this, individuals should maintain a balanced diet and healthy lifestyle, which has benefits such as aiding total mental awareness and supplying energy.

“I’ve managed to stay fit by looking at my overall lifestyle in the sense that I’ve equated being successful in my academic, social, and personal life with being healthy. This means that in order for me to do well in all these arenas of my life, I know that I need be healthy physically and mentally first,” said Johanna Savany, a second-year biopsychology major. “I go to the gym five times a week and I make sure to eat a lot of fresh fruits and veggies. I try very hard to stay away from eating out in efforts to really control what is in my food and to save money.”

Numerous students struggle to motivate themselves to enter a gym, while others find it nearly impossible to squeeze it into their already hectic schedules. The advantages of working out, however, go beyond the changes to one’s physique. Exercising creates a chance for students to simply feel great about themselves as a result of the release of endorphins, neurotransmitters that are released when people get excited or are in love.

“Trying to go to the gym at least a few times a week can really make all the difference. Once you make it a habit, it will become easier. Working out at the gym is one of the best parts of my day,” said Annie Phung, a second-year communication major.

For Savany, the best motivation tool is having a workout buddy.

“My roommate was my workout buddy for my first year and it was the best thing that could have happened. I would suggest to find someone with the same goals, is at a comparable fitness level, and someone who shares a similar schedule. Finding a workout buddy helps keep you motivated and well, plain and simple; it makes it much more fun,” said Savany.

Regardless of one’s time spent exercising (or lack thereof), binge eating is a prominent issue among college students that can corrupt any progress made at the gym. When snacks are only an arm’s length away and the dining commons offer a chance to eat excessively, the allure of eating more can be overwhelming.

According to Flack, binge eating can also be a reaction to stress and anxiety. However, such a habit is easier to avoid with the new installation of Net Nutrition kiosks in the dining commons, where students can easily track how many calories they consume during a single meal. The calorie-tracking function is also available online. In the end, though, staying healthy physically and mentally seems to be a matter of balance and compromise.

“The most important thing for incoming freshmen is trying to learn balance, because that’s the hardest thing when you have a lot of new things coming at you,” Flack said. “As far as nutrition goes, I’d try to eat a balanced meal and eat at a more regular basis. Making sure that you’re having fruits, vegetables, whole grains and protein at every meal is very important, even though it’s very basic.”

Illustration By | Irene Wang

UCSB Recreation Center
Regular Hours

Monday through Thursday
6:30am - 11:00pm
Friday
6:30am - 9:00pm
Saturday
9:00am - 9:00pm
Sunday
9:00am - 10:00pm

At the “Rec Cen”
As long as you are a registered student, the following facilities are available for free use:

- Treadmills, Ellipticals, Stairmasters, Stationary Bikes
- Racketball Courts
- Two Lap Pools, Diving Well, Hot Tub
- Basketball Courts
- Multi-Purpose Field
- Rock Climbing Wall
- Roller Hockey Rink
- Tennis Courts

The “Rec Cen” cashier’s office checks out all sorts of equipment from balls to rockclimbing harnesses for small fees. It is also the place to ask about UCSB’s Adventure Programs.
Get the Most Out of Beach Life

Andrea Rodriguez
Staff Writer

One of the best features of UCSB is that it borders a beautiful beach and the ocean is basically at our feet. This is extremely convenient for college students, since the beach can serve as a quick getaway, a brilliant remedy to boredom or a stress reliever.

There are many activities you can do at the beach that don’t even involve getting your feet wet.

There will be days when the dorms, or your apartment, get hectic or simply overwhelming. Take a mini vacation, away from the load of classes, work or other responsibilities. A trip to the beach is the perfect way to escape the daily grind.

You can read a book, study, tan, listen to music and more surrounded by surf and sand. Keep your heart pumping and start a game of beach volleyball, throw a football around, or play with a Frisbee. By spending some time relaxing and enjoying the beauty of the beach, you can prep yourself for those long hours studying for midterms and finals.

The beach can be used to help you keep your mind as well as your body healthy.

Take some time to enjoy the morning. Wake up early and do some yoga or take a jog on the beach. Exercising early in the morning can do wonders for you, keeping you alert and giving you energy for the rest of the day. Why not include the beauty of the ocean in your morning routine? If you are willing you can run on the trail leading up to Campus Point and catch the sunrise, you might even see dolphins swimming in the distance.

Running is one of the best forms of exercise for cardiovascular health and combining some good old jogging with the sand and surf is a great way to get a workout. Swimming is a great way to get your daily dose of exercise. You can also go surfing, kayaking or boogie boarding.

Utilize the endless stretches of sand to do exercises that a normal gym can’t offer.

Running beach sprints, where you make marks on the sand 20-0 meters apart and run back and forth between them, is one option that is even more effective when done barefoot.

To strengthen your legs, try running through the water in ankle to knee-deep water. The resistance of the waves will give you an amplified workout.

Another exercise to try is doing step-ups on the rocks that line the beach. Repeat stepping up onto a rock ledge with one leg, keeping your back straight, and step back down with the opposite leg.

Relaxing and doing things you enjoy outside can be good for your mental health and relieve stress and tension that school can cause. You can leave the comfort of your home for the comfort of a more tropical destination in less than ten minutes. By taking advantage of the campus beaches, you can enjoy the perks of beachfront property for a smidgen of the price.

Just remember to practice safe sun exposure, and use plenty of sunscreen.

University of Casual Sex and Beer?

Smash this UCSB stereotype with one of our alcohol-free options for your Saturday night

Michael Bates
Staff Writer

Sometimes you don’t want to party. It happens. Your friends may not understand, or maybe they encouraged you to take a break. Either way, what else is there to do in or around UCSB?

For starters, look around at the things you haven’t done. Go for a jog, catch up on your homework, listen to that album you never finished. Do something productive. Once you’ve got that out of the way, you’ll feel less guilty about having a good time.

If you’re looking for a source of information on where to find partying alternatives, check out http://www.sa.ucsb.edu/osl/latenite/, the website for UCSB After Dark, an organization on campus which strives to provide partying alternatives to the student body. Their goal is to support non-alcoholic or non-alcohol centered activities on and around campus, and to improve the atmosphere of the school and Isla Vista by doing so.

On Friday nights, Improvability, the local improvisational comedy group, performs at Embarcadero Hall at 8 p.m. It’s a great place to relax, have fun, or take a date you don’t really know what to say to. It’s also fairly cheap, clocking in at $3 for students, and $5 for general admission, so everyone can afford to go.

”Improvability is the most fun you can have for $3, if legality isn’t an issue,” said Improvability member and funny guy Mike Erez-Kdosa.

Another alcohol-free option is the movies with the Camino Real Metropolitan Theater being only a hop, skip and a jump away. They show all the latest movies so you can stay current with pop culture.

If you’re feeling more explorative, the West Wind Santa Barbara Drive-In Theater is the place to be. It’s a classic drive in and has fantastic ambience for spending a night with friends. Just make sure to bring a radio; no one likes a dead car battery.

For those of you who may be more into tech than tequila, AS Tech holds LAN parties every so often at the Loma Peloma Center. You can check out their website at www.ucsbastech.org. They engage in a twelve-hour gaming event with a variety of consoles and PC games. They’re often held on Saturdays, so you still have Friday night to yourself.

”It would be a great place to meet other tech savvy users at UCSB,” said Board Member Nelson Chen.

If you’re looking for a quiet night in with your computer, a good place to start is thedarksideofucsb.com. It’s a very heavy handed website dedicated to demonizing the alleged out of control party atmosphere at UCSB. While very biased, there are kernels of truth, and it makes for a fun, if provocative, night of reading.

You could also head to the mountains or a local campground for a weekend of camping and getting away from it all. The beach at night is also stunningly beautiful, if a bit chilly.

Finally, there’s always the old standby of just going bowling, with neighborhood bowling alley Zodo’s right up the highway.

”Zodo’s was designed to have something for everyone and there’s always something going on with discounts and promotions almost everyday. In addition to bowling, we have great food, an arcade, billiards, and a full bar with over 40 beers on tap,” said Zodo’s Representative Mike McElhaney.

With College Night on Wednesdays, students can bowl one free game each.

For the brave and the bold, a fun night is to hang out with your partying friends without imbibing a single drop of alcohol. You’ll be totally aware of all the silly adventures you go on, and will have plenty to laugh about over brunch the next day. Think of it as a form of gonzo journalism. There’s plenty to do aside from partying. You might as well diversify your experiences.
Farmers Markets Grow Healthy Students

Cheyenne Johnson
AS Beat Reporter

Welcome to college, freshmen of University of California Santa Barbara. Welcome to the midterms, finals and papers that will determine your grades, late nights at the library working on last-minute assignments, the ceaseless mayhem of Isla Vista (IV for short) and, for those of you taking up residence in the cozy UCSB dorms, meal plans. Ortega, De La Guerra (DLG), Carrillo and Portola will soon become your stops for food and universal meeting places for all your friends.

But once the initial thrill of eating as much pre-made food as you can stomach wears off (and trust me, it will), your belly will start craving an alternate fare. There will come a time when you’ll have to cook—and by starting small you can mix and match strawberries, blueberries, raspberries and blackberries for $10. Zucchini costs $1.50 a pound and fresh, ripe peaches average $2.50 a pound. Prices change with the seasons and a variety of nutrients can be added to your diet if you keep up with the newer, cheaper produce.

Farmers markets offer a welcome break from studying and the IV scene. Fresh air mingled with some fresh fruits and vegetables could be just the stress relief you need, so stop by one of these markets when you have a bit of free time. The farmers will thank you for it.

**Goleta Market @ Camino Real Marketplace**
- Sunday: 10 a.m. – 2 p.m.
- Thursday: 3 – 6 p.m.

**Downtown Santa Barbara Market @ Santa Barbara and Cota Streets**
- Saturday 8:30 a.m. – 1 p.m.

**Downtown Santa Barbara Market @ State Street**
- Tuesday: 3 – 6:30 p.m.

Farmers Markets combine the people of Santa Barbara and Goleta with local farmers, offering students the rare opportunity to meet the farmers who grow and make their food with freshness and healthiness that cannot be found in the produce of supermarkets.

Prices are generally comparable to places like Ralphs and Vons, and are sometimes even cheaper. Three containers of strawberries will cost you $5, or you can mix and match strawberries, blueberries, raspberries and blackberries for $10. Zucchini costs $1.50 a pound and fresh, ripe peaches average $2.50 a pound. Prices change with the seasons and a variety of nutrients can be added to your diet if you keep up with the newer, cheaper produce.

Farmers markets offer a welcome break from studying and the IV scene. Fresh air mingled with some fresh fruits and vegetables could be just the stress relief you need, so stop by one of these markets when you have a bit of free time. The farmers will thank you for it.

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Top 5 Ways to Get Free Wi-Fi in Santa Barbara

**Know Which Businesses Offer It**

While lots of businesses offer free Wi-Fi, some require passwords (which they rarely change) and others don’t. For instance, the Starbucks on Pardall requires no password for usage, but the Best Western on State Street does (but they also readily give it out). Make sure you always get connection information from every business you go to and keep it saved in your device’s connection settings. This way, as you move about Santa Barbara, your device will hop from one connection to the next, leaving you with few dead spots.

**Use a Wi-Fi App or Database**

A great one to try is Wi-Fi Finder. This app shows you where Wi-Fi is located with little blips on Google Maps; the blip includes data on how strong the connection is. The best part? The app works offline (because what good is a Wi-Fi finder when you need Internet to find the Internet?).

**UCSB Wi-Fi**

Technically, this isn’t free; you already pay for it with your tuition, but that gives all the more reason to utilize it. Just use your student ID username and password to log in (the same you use for GOLD). UCSB Wi-Fi covers most of the campus, but there are some dead spots to be wary of. Girvetz, South Hall and IV Theater are unpredictable and sometimes pull a great connection, yet other times not at all.

**Connect With Your Phone**

The caveat to this one is, to work, you must pay for Internet on your phone, but it will save you the price of Internet on your computer. You can turn your phone into a hot spot or use your phone to tether. Tethering requires some prep work, but once you do it, you will never be without a connection. iPhone users will have to use a method called jail-breaking and Android users will have to root (unless they use USB tethering, which can be done without root access). Google these methods for detailed guides and how-tos.

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Look for These Hidden Local Treasure Spots

Melissa Nilles
2011-2012
Arts & Entertainment Editor

Hidden Gem #1: The Santa Barbara Courthouse

Located at: 1100 Anacapa Street, in Downtown Santa Barbara

Bus tip: After getting off the 24x bus at the transit center, go to State Street, walk up State Street away from the beach, then turn right on Anapamu Street, then turn right on Anacapa.

You might not know that the Santa Barbara Courthouse is an excellent place to look over the city of Santa Barbara. It's perfect for an outing with your friends, a romantic date, or a trip with your parents! It's also completely free.

Take the elevator inside the Courthouse to the top of the “El Mirador” clock tower. From there, you can get a gorgeous view of the area around the city of Santa Barbara, all the way down to the sparkling beach and up to the epic mountains.

The Courthouse is also surrounded by a beautifully landscaped public lawn and foliage, which is the perfect setting for lazy Sunday afternoon picnics!

A word of caution: Be careful to make it to the top of the Courthouse before the building closes for the day at 4:45 p.m.!

Hidden Gem #2: Crushcakes & Café

Located at: 1315 Anacapa Street, Santa Barbara

Just a hop, skip, and a jump away from the courthouse (three blocks up Anacapa Street) is the powerhouse cupcake shop/café, Crushcakes & Café. You can choose from a host of tantalizing cupcake flavors including red velvet, peanut butter cup, mocha mud pie, strawberry blush, cool vanilla bean, orange mimosa and more. The most popular cupcake is the red velvet “Crushcake,” which is topped with a heavenly cream cheese frosting.

Although this eatery is really known for its cupcakes, breakfast, lunch, and dinner are also served. Try the Red Velvet Pancakes or any of the amazing sandwiches. Also, coffee enthusiasts will love that the nationally acclaimed Intelligentsia Coffee is brewed here. Crushcakes & Café boasts a charming interior, delicious food and a warm, friendly atmosphere.

Hidden Gem #3: Biko House (and the Biko Garage)

Located at: 6612 Sueno Road, Isla Vista

This house, which is part of the Santa Barbara Student Housing Co-op, hosts plenty of activities for its fellow Isla Vistans to enjoy. From shows, to parties, communal art, murals, fire-dancers, volunteering, plentiful hippies and more, there are always plenty of things happening at Biko. Wander on over here and you may be pleasantly surprised by the relaxed atmosphere and friendly people.

The painted “Biko Garage”, located to the side of the house, is often a venue for shows. Shows in the Biko Garage are made possible by donation only and are run by Biko’s Co-op members. Performers range in prowess from Isla Vista starters to semi-famous visiting bands. Stop by the garage to ask for the monthly schedule.

Hidden Gem #4: Devereux Lagoon Scenic Path

Located at: Slough Road (close to the Santa Catalina dorms)

If you live in the Santa Catalina dorms, there’s a chance that sometimes you’ll feel like you’re far from a lot of things. Don’t fret, because you’re very close to a beautifully scenic path that ultimately ends at the beach. You could do your morning jog around here, or take your new friends on a journey.

If you walk down to the corner of Storke Road and El Colegio, you’ll notice that there’s a small street that goes beyond the stoplight where Storke Road ends. It’s called Slough Road. Follow this road along its entire path, which winds most of its length along a gorgeous lagoon filled with ducks and other wildlife. Once you pass Devereux Lagoon, you’ll be on a point that overlooks the ocean. From this point, you can admire the view, or climb down to the beach below.

A word of caution: Avoid going through this area at night. You won’t see anything awesome along the way, and you could accidentally wander into the creepily abandoned housing area along the path.

Can you discover these hidden gems in Isla Vista and Santa Barbara? These places may not be especially “hidden,” but they are a little off the beaten path, so not every UCSB student may know about them! Enjoy an outing with your new room or hall mates to discover these beautiful and lively places surrounding your new home.
The Bottom Line

Amanda Garcia
2011-2012
Executive Managing Editor

Everyone tells you that your four years of college go by in a blink of an eye. But I, like so many other first-years moving into the dorms and going for our second helping at the DLG, laughed them off, because how could that be possible?

Yet, four years is a short amount of time to experience every wonderful thing UCSB, Isla Vista, and Santa Barbara have to offer. Sure, there’s running by the lagoon, surfing at Campus Point and participating in that half-naked race amongst bookshelves known as the Undie Run. But what about hiking in the Santa Ynez mountains, bowling at Zodo’s, clubbing and bar-hopping downtown on State Street, or singing your heart out to Journey with friends at Old Town Tavern? No one tells you how hard it’s going to be to make time to go to class, grab a beer at Gio’s to laugh them off, because how could that be possible?

I’m not going to lie, there is no other college town like Isla Vista. Trust me, I’ve looked. It’s extraordinary for Gauchos like us to be able to walk or bike a block or two to a friend’s house for a kick-back party, or a kick-ass rager. Or to be able to head to Pardall for happy hour all weekend, Freebird’s at 3:00 a.m., or chill on the beach at all hours of the day.

Don’t just soak up the sun, soak up the community, enjoy the great times you have with your friends, go outside of your comfort zone and jump off Goleta pier (so to speak), because college may be the best four years of your life, but living life as a true Gaucho who calls UCSB and Isla Vista home may be the most fun you ever have.

The class of 2012 bids farewell and offers up some advice to the class of 2016...

Farewell, UCSB

Lucas Villa
2011-2012 Promotions Manager

Hello Class of 2016,

First off – congratulations on getting into UCSB! You should feel very accomplished already having made it to such a prestigious university with a beach, beautiful campus and very unique college town named Isla Vista. You’re just beginning your college journey, but you already know you have four amazing years lined up ahead of you.

Let’s talk academics at UCSB. Each department, whether arts, humanities, social sciences or hard sciences, have dedicated faculty here to teach you and help you along the way with teaching assistants to run sections. Make sure to utilize those office hours if you need help on a subject or just want to say hello, because professors and teaching assistants love it when you drop in. Keeping in touch with faculty could also lead to great connections and letters of recommendation for future jobs, programs and further schooling.

Say hello to everyone you meet on your floor, in the elevator, in the dining commons, in classes or around campus to make new friends, study groups and connections. Fall quarter is the prime time to meet new people because every other freshman is just as lost or out of place as you might be on this big campus. Freshmen come from all different places in California, the United States and even in the world, so friendships are pretty much fair game with anyone in fall quarter.

Don’t be afraid to say “hey” because a simple “hi” can go a long way.

Use your resident assistant as well as other RAs in your building as a resource, because they know a lot about campus and academics that you might have questions about. I was an RA once during my tenure at UCSB and I loved all the questions I received and the great times I had hanging out with my residents in my room or during my programs. RAs are current UCSB students as well, and are there to help you, so don’t forget them as another resource.

Word to the wise – take the Education 20 class in fall quarter. You can usually sign up for it during the first week of school. It is a really helpful course on navigating the university, whether it be on academics, battling home sickness, how to manage the Isla Vista social scene and other first year student issues. This very helpful class is taught by one of UCSB’s most enthusiastic professors, Don Lubach, so that should be reason enough to take the course. Keep up with the work and ask your student teaching assistants for help along the way, and you should be set up for a good grade in the course.

What I highly encourage you do to is get involved with student groups, campus organizations and volunteering. Find your niche and see if there is a group for it on campus. If not, you can always create a new group through the Office of Student Life. There are many opportunities on the UCSB campus that you should take advantage of in your downtime. You can do on-air news or run your own music radio show for 91.9 KCSB-FM, help run concerts and cultural event shows as a volunteer with AS Program Board, better your community with Community Affairs Board, help run student government with Associated Students, write news and feature stories for The Bottom Line, among other campus opportunities. Getting involved, whether through groups or campus jobs, honestly enriched my time here at UCSB and gave me new friends, connections, hands-on experience and great college memories. Find that balance between academics and extra-curriculars and get involved!

I know you’ll do great. Good luck, Class of 2016!

Sincerely,
Lucas John Villa
The Bottom Line Promotions Manager 2011-2012
Class of 2012