

TBL the bottom line

Associated Students, UC Santa Barbara

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OPINION

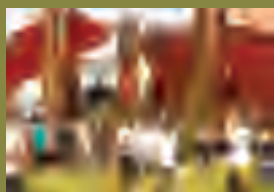
Arizona Immigration Bill

Recently passed legislation is highly flawed and does not forebode well for the future.

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SPECIAL FEATURE

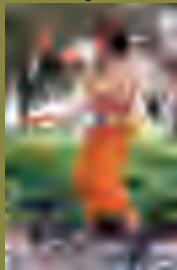
Students Attend Coachella



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SPECIAL FEATURE

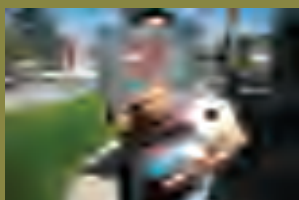
Earth Day Festivities



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FEATURE

Jesus Loves IV



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AS President-Elect Discusses DP Party Election Victory

Amanda Garcia

Writer

On April 22, surprise and euphoria swept through the Democratic People's Party when its candidate, Paul Monge-Rodriguez, snagged the position of Associated Students President for the 2010-2011 academic year, garnering 53.5 percent of the student vote.

A third-year global studies and sociology major, Monge-Rodriguez made recent AS history as the first president-elect hailing from a party other than the Open People's Party (OPP). As a representative of the DP Party, Monge-Rodriguez emulated the democratic ideals of the party that support the right of any student to run for office or get involved in student government, without having to rely on inner circles or friends to pave the way.

"I knew OPP was this sort of force with a lot of history and weight because they ran for so many years," said Monge-Rodriguez, "so I knew they were going to be a big challenge. The Better Our School System Party (BOSS) was also very visible, so they were another challenge."

Since 2006, OPP has achieved impressive sweeps of AS elections by garnering a majority of both executive and legislative positions. Founders of the DP Party didn't want OPP to go uncontested this year, so they created their own party with primaries for each of their candidates. The

Democratic People's Party is the first and only party that offered primaries, as well as information sessions explaining the AS voting process and positions at stake.

"We were trying to make a party by the people, for the people," said Monge-Rodriguez. "We sought input at every level about the party, and all were welcome to get involved."

Although Monge-Rodriguez went uncontested as a presidential candidate in the DP Party primaries, he was confident in the democratic process in place to elect individuals. He was also optimistic about student participation and involvement in the elections, which ultimately turned out to be a reasonable assessment given the 40 voter turnout rate in the Associated Students elections this year.

When asked about how confident he had been in achieving victory in this year's elections, Monge-Rodriguez stated that he had confidence in the party and in a victory because they were dependent on the students and organizations who supported them.

"People voted in the party and actively participated because they believed in us," Monge-Rodriguez proudly stated. "We tried to be a party of substance, not a party with the same recycled ideas."

Monge-Rodriguez also stated that he wants to achieve a democratic ideal of joint governance within UCSB. According to Monge-Rodriguez, students need to achieve a sense of power and



Photo by | Danielle Phan

PAUL MONGE-RODRIGUEZ— New President of UCSB AS

autonomy regarding their involvement in determining their educational experience. Therefore, Monge-Rodriguez wants to make sure that students in AS are strong and well-trained advocates. Monge-Rodriguez also hopes that a more direct relationship between AS Legislative Council representatives and their constituents can be achieved.

"Students pay three times to be a part of our university: they pay through state taxes, UC-wide fees, and campus fees," said Monge-Rodriguez. "They invest the most in UCSB, yet at the same time they have the least say in how it's run."

Monge-Rodriguez hopes

to put more trained student representatives on administrative committees that shape budget and academic policy, such as the Chancellor's Coordinating Committee on Budget Strategy (CCCBS), which currently has only four student representatives. Monge-Rodriguez himself has chaired the AS Student Commission on Racial Equality, as well as the AS Student-Initiated Recruitment and Retention Committee (SIRRC). The first in his family to go to college and a product of services such as SIRRC, Monge-Rodriguez

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NEWS

CalPIRG Promotes 'Green Business' in IV

Amanda Garcia
Writer

As part of Earth Week 2010, students from the UCSB chapter of California Public Interest Research Group (CalPIRG) encouraged fellow UCSB students to "mob green businesses" in Isla Vista during Earth Week in an effort to help them become more energy efficient and eco-friendly.

Based on the "Carrot Mob" event put on by the Environmental Affairs Board last year, Green Business Week was designed to create an economic incentive for local IV businesses such as Java Jones, Keg n' Bottle, and IV Food Co-Op to go green by generating enough profits from consumers to cover substantial start-up costs.

"Basically you go to a business and tell them you will generate a large number of consumers that will buy their products, and in exchange the business will use a certain amount of their profits to pay for increasing energy sufficiency," said Sieva Kozinsky, a second-year environmental science major.

Kozinsky, one of the creators of Green Business Week, also explained that the week falls under the Global Warming Solutions campaign undertaken by CalPIRG, which seeks to reduce

representative for the Global Warming Solutions campaign, stated that Green Business Week allows students and local consumers to become involved in helping businesses become green.

give an incentive for them to re-invest and help the environment, that's a good thing," he said.

Danielle Birresborn, a first year undergraduate student and coordinator within the Global Warming Solutions Campaign, hopes that once most local businesses in IV use these economic incentives to go green, other bigger businesses in Santa Barbara will also participate.

"If this works really well, we can definitely do it again," said Birresborn. "It's a great way to help small businesses in the long run," she said.

Although a lot of small business owners are apprehensive of the initial start-up costs for going green, in the long run the small businesses end up saving money by using their profits generated during Green Business Week to invest in cleaner energy efficiency for their business.

"Through Green Business Week, businesses are able to help the environment and essentially save money while making money," said Kozinsky.



Photo By | Rosana Liang

CALPIRG— Helping green business to make the green.

the effects of global warming on the environment.

Chris Witchy, a first year undergraduate and media

"Green Business Week is definitely a progressive step in helping small businesses go green," said Witchy. "Any time you can

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- The 2009-2010 Bottom Line Staff

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Marijuana Gains Acceptance in Medical Community

Jill Brown

Writer

An increasing number of doctors and patients in California believe that marijuana is a safe drug that works to treat conditions where other prescription drugs fail or cause unpleasant side effects. The students interviewed in the first installment of this series on marijuana are few of many who now turn to medical marijuana.

Current research indicates that medical marijuana effectively treats a variety of physical ailments, such as pain, nausea, muscle spasms, glaucoma, multiple sclerosis, and others, said Dr. Stephen Rifkind, a Santa Barbara family physician. Marijuana also stimulates appetite, which benefits patients suffering from HIV or eating disorders.

Additionally, Dr. Rifkind says that marijuana can be used to treat psychological conditions like clinical anxiety, depression, and panic attacks.

In January 2009, there were an estimated 212,500 medical marijuana patients in California, according to the Marijuana Policy Project, an organization that advocates taxing and regulating the possession and sale of marijuana.

Because medical marijuana treats such a wide variety of both physiological and psychological medical conditions, there are many more California patients who could benefit from the drug than the estimated 212,500 who currently have a medical marijuana card.

Many teenagers and young adults consider marijuana the only viable alternative medication for a slew of health problems when other medications have failed, according to a recent study published in Substance Abuse Treatment, Prevention & Policy.

Stuart Light, one of UCSB's Alcohol and Drug Program counselors, says that many

stressed out students benefit from smoking marijuana. He has noticed an increase in the number of students that he counsels for stress-related issues and describes students as always looking ahead, always competing with their peers to be the best at any given task as fast as possible.

"Looking at life as a rat race is not a good way to organize your life," he said. "Pot is a way to chill, to slow down."

Light makes the point that an altered state of consciousness can be therapeutic. Marijuana can take a stressed student's mind off of his troubles and escape, even if only for a short time, he said.

Rifkind agrees with Light's observation. Rifkind says that he issues letters of recommendation for medical marijuana most frequently to people with stress-related conditions, such as anxiety. He acknowledges the marijuana can help an anxious person calm down and focus.

"Far and away the most common use [of medical marijuana] is for stress; that's the number one reason why I write letters," he said. "If most people have a puff of marijuana in the afternoon after work, it allows them to relax, to forget their troubles, and to sleep."

In addition to treating stress-related and other psychological conditions, medical marijuana has also been scientifically proven to treat chronic pain, according to a study recently published in Neurology.

In the study, 50 patients completed an entire trial, and those participants who were given marijuana to treat pain experienced at least a 30 percent pain reduction.

Rifkind wholeheartedly supports this finding. Even though it is impossible to be absolutely certain of which patients are in true need of a letter of recommendation to purchase marijuana legally for

medical purposes, Rifkind says that his patients always report a drop in the severity of their pain after they smoke marijuana.

Rifkind says that marijuana is the safest treatment option for a variety of conditions, and that it is certainly safer than most anti-anxiety medications and anti-depressants.

"Marijuana is safer than aspirin," he said. "It's truly one of the safest things that we can put in our body."

In the past few years, education about the safe use of marijuana has helped minimize the social stigma that marijuana is a dangerous street drug without any medical value. An evolution has begun as more people acknowledge marijuana as medicine, and it is becoming increasingly easy to get a letter of recommendation.

"The stigma against marijuana is rapidly dissolving," said Rifkind. "Many doctors realize that marijuana has value for many different things."

Doctors are not the only ones who need to be convinced that marijuana has medical value. Members of the community must also recognize the medicinal uses of marijuana for it to become fully accepted as a valid treatment option.

Rifkind could be right that marijuana's reputation is changing for the better, according to a recent poll. Fifty-six percent of California voters support legalizing marijuana according to the results of an April 2009 Field Poll. More than half of the state has already overcome the negative stigma associated with marijuana use, and that number is likely to rise before a vote on the measure takes place this November.

Additionally, organizations like the National Organization for the Reform of Marijuana Laws (NORML) are fighting to combat the negative press about

marijuana as they simultaneously promote marijuana's medical properties. Medical marijuana should not be denied to the sick and dying, according to NORML's medical use proposal.

In an effort to fight marijuana's bad reputation as a dangerous street drug, NORML also advocates a change in the drug's classification from Schedule 1—potentially addictive without medical use—to Schedule 2—potentially addictive but with possible medical function.

The Drug Enforcement Agency (DEA) is the federal law enforcement agency that currently schedules controlled substances based on their potential for abuse as well as their applicability in treating medical conditions. The DEA is vested with this power by the Controlled Substance Act of 1970, which was passed by Congress and signed into law by President Richard Nixon in 1970. Passage of the CSA is widely regarded as the beginning of America's "War on Drugs," an ongoing law enforcement and public health campaign in which

the DEA plays a central role.

If marijuana's classification were to be changed, doctors would be able to write prescriptions for the drug instead of letters of recommendation. Rifkind fully supports the reclassification of marijuana.

"No license is allowed to write prescriptions for Schedule I drugs," he said. "[But] I've always been a firm believer that marijuana is a very good medicine."

Even if a measure legalizing marijuana in California passes in November, users will still be subject to federal law. Medical marijuana users can still face prosecution under federal laws.

But in early 2009, Attorney General Eric Holder announced a de facto federal policy of non-enforcement. His policy protects users from federal prosecution if medical marijuana use is legal under state law. The policy also states that users cannot abuse the drug or sell it to others for commercial gain.

The White House may still rescind Holder's policy, especially if marijuana is not rescheduled.

Contd. from **ELECTED** — from page 1

strongly believes in the power of student outreach to schools lacking sufficient resources. He has also worked as an academic advisor and leadership development intern for the Educational Opportunity Program and the Office of Student Life.

On April 25, Monge-Rodriguez attended a dinner meeting with other recently elected AS executives, and although it was meant to be a relaxing social occasion, the new executives jumped right into a discussion about their policy agenda for next year. Although an official transition of AS executive office won't occur until the week of May 17, Monge-Rodriguez and the

recently elected executives planned strategies for implementing minor changes in UCSB.

Some of these minor changes include trying to offer courses that grant academic credit for students through AS, as well as creating a public access television channel through local cable.

"AS needs to improve on how they communicate with students," said Monge-Rodriguez. "We want to make sure students see what AS is actually doing for them. At the end of the day, AS officers exist to improve the lives of students on campus," stated Monge-Rodriguez. "I'm a pair of hands, tell me what you want me to work on and I will do it."

OPINION

How I Got Wise - Understanding Racial Inequality

Samantha McMullen
Writer

The ideas I had of writing this article before I heard anti-racist Tim Wise speak on April 16 are very different from what I hope to write now. I have decided to share my original thoughts and examples of how I have dealt with "white privilege," and the issue of race in my life, and more importantly, how they were proven wrong.

I will start by telling you how I am privileged, for this is a theme largely discussed by Tim Wise. I am privileged because I am a white, independent college student from a middle class family. I had always recognized this fact because I traveled a lot as a military child, and I got to live in and be a part of several different cultures and see how diversity makes us strong. I had always used this as a defense when talking about race and bragged about my experience. But during Wise's lecture, I learned that seeing is not experiencing, and that to use culture as an excuse is to fall into the same category of those who use race to separate.

Our country seems to be one that is moving forward, and the common view is that we are conquering the issue of racism. I do not see this as the case. We hold up examples: our African American president, our civil rights, our freedom - all excuses like my own. We are not past the issue of race. We are merely trying to cover it up.

Wise says that "race" is something that was created by the rich, white, upper-class to separate those below from themselves. He said that in the early days of America, poor blacks and whites worked as indentured servants. When they rebelled against the upper class in Bacon's Rebellion, the upper class came to realize that this camaraderie threatened

their own position in society. Though this was not the only cause of slavery, it was events like these that pushed blacks below white servants and eventually made them mere property to the upper class.

The issue of slavery is just one

and backgrounds. We are all smart people, as evidenced by the fact that we all got into this prestigious school, and one day soon we will graduate and enter the fierce job market together. We all know that finding a job is almost impossible

and selling illegal drugs. He was arrested and taken to jail.

The town in which I come from, and where this scene unfolded, is not one that has gang problems, nor any large drug issues. It is a small town, filled with closed minds and old prejudices. This man, a grandfather, spent the last week of his life in and out of jail. His family paid bail they couldn't afford for crimes he didn't commit. How could anyone say we are a post-racist country when things like this happen every day?

Americans could not say this if they knew the true reality of the devastation racism causes minute by minute in this so-called modern world. What those with privilege need to do is listen to those without it. People like me have so much, and we take it all for granted. I am a 5'4", double-D white girl who drives a 66 Mustang disgracefully and has never been pulled over. I know that if I do get pulled over, I can mention my grandparents, who own a local business. Chances are we'll share some stories about the good old days and, ticketed or not, I will drive off without a second glance from Mr. Small Town Cop. I could have a trunk full of muscle relaxers and they would never know, or wouldn't care.

I am privileged, and I know this because I listen to those who aren't. Those who are victims of prejudice must speak up in order to knock some sense into those who think racism is dead. The only way we can fix the future is by understanding the past and using the present as a time to educate.

I hope those of you who are privileged will begin to see your own ignorance in how you view race, just as I did. This will hopefully make you a better person in a society that desperately needs intelligent people who understand race to lead us in our enduring battle for equality.



of the tragedies created by hate and the evolution of race; however, it is not one meant to make those who are white feel guilty. The point of learning the truth about things like slavery is not so hundreds of years later, the government will issue an apology--it is getting past the issue and working at cleaning up the mess. Today, the statistics show the impact of the separation from those who are white and those of color. In almost all cases, the whites have more than those of color who work just as hard as them, or harder.

You might not think this affects you, but look around this campus. UCSB is filled with students of different ethnicities

in this economic climate; add onto that years of prejudice that has been built up around people of color and here lies catastrophe. This injustice is not something that will be instantly cured by having a 'man of color in charge;' it is something that needs to be fixed from the ground up.

A close friend of my family, a fifty year old Mexican man, was driving home from his daughter's house in his '57 Chevy. A muscle relaxer was on the dash. His daughter had given it to him, because a failing kidney left him in constant pain and unable to sleep. He was pulled over by a cop, and because of his tattoos, he was accused of being a gang member

Arizona Immigration Bill is a Harbinger of Worse to Come

Alex Cabot
Writer

UCSB students still recovering from Coachella or gearing up for the upcoming raucous alumni weekend might not have heard about Arizona Senate Bill 1070, which was signed into law by Arizona Governor Jan Brewer on Friday, April 23. The new law greatly expands the powers of Arizona state and municipal police forces to crack down on illegal immigration.

The bill permits Arizona police to question any suspected illegal immigrant about their current immigration status, and to arrest suspects who they believe may be in the United States illegally; it proscribes severe penalties for any business or private citizen who employs an illegal immigrant in any capacity; and it permits upstanding citizens anywhere in the state to sue their city or county of residence if they feel that their elected officials are not making a good faith effort to uphold the same law.

Perhaps a very small part of me does sympathize with the sponsors of the bill and those who supported it. As a nation founded upon the rule of law, it makes a mockery of our current (immigration) laws if millions of illegal immigrants flagrantly violate those same laws every year. While many illegals do in fact come to the US to pursue legitimate lines of work, often with the intention of returning to their country of origin after several years, there is no doubt that some also involve themselves in crime and other deviant behaviors.

For a country that is struggling to seal its borders to terrorists, the ease with which illegal immigrants enter this country openly advertises the vulnerabilities of those same borders to its true

enemies. And frankly, if I had made the effort to emigrate to the United States through legal means, which means negotiating the bureaucratic hellhole that is the Department of Homeland Security, I would probably be pretty offended to see others sneaking into the country without having gone through the same process.

But those caveats notwithstanding, the recently passed bill is still alarming in ways to numerous to count. While the police have always had probable cause to detain, search and arrest anyone who they have good reason to believe is in the commission of a crime, a power that is widely regarded as sacrosanct in our present legal system, this new bill vastly expands the power of the police to hassle anyone who they might suspect of being illegal, which is to say anyone who is not white, citizen and non-citizen alike. Pretty ironic given that many Latinos in Arizona have ancestors who have been living their for generations while many of their Anglo-Saxon neighbors are relative newcomers.

Given the new law, God forbid you should be a Latino and you go to the corner store to get a six pack or a sandwich and you forget your green card or US passport at home. Not only do you get arrested and get to spend the night in jail alongside real criminals, but when you fail to show for work the next morning because your wife wasn't home

when you got to make your one collect call from the jailhouse and she therefore doesn't know to come down to present said exonerating documents, you get fired. Tough break.

And while Arizona police

In the very short term, its effect on life in California will probably be quite minimal. But the passage of this bill that takes such a draconian approach to immigration sets an enormous legal and political precedent which may soon be followed by other states. If I were a betting man, I would predict that the next state to do so would be one of the other three states that abut the Mexican border, quite possibly California, which already has much in common with its neighbor to the east.

California is already a minority-majority state, and Arizona is on the cusp of becoming one within the next several years. Both states have been among the worst affected by the recent recession and therefore have citizens who are looking for a scapegoat to blame for their woes. Both states have fairly high amounts of crime perpetrated by Latino gangs, and are therefore more likely to be permeated with hysteria targeted at ongoing immigration from Latin America.

While this most recent bill typifies Arizona's irrational approach to hot button social issues such as immigration, California has already shown its colors in passing similarly misguided social legislation in other areas, notably its 1994 Three Strikes law that has filled California's jails to the brim even as state funding for education and other valuable social services has been severely cut back. And the recent success of Proposition 8 has already shown that California voters are not immune from

populism and emotionalism at the ballot box when the opportunity calls for it.

I look at this bill within the context of two long term trends currently underway in the United States. The first is the ongoing curtailment of civil liberties that began under the Bush administration following the 9/11 attacks and which has done little to make any of us feel any safer but which has discouraged hundreds of thousands of highly skilled Middle Eastern and South Asian immigrants from coming to our shores for fear that they will be the victims of racial profiling or arbitrary law enforcement harassment. The second trend that I observe with regards to this bill is the ongoing ignorance and stupidity that continues to plague national political debate regarding several issues of the utmost importance, including genuine immigration reform. This is an issue that desperately needs to be tackled with sensibility and pragmatism. However few Washington lawmakers are willing to undertake it for fear of inviting populist reprisals from the 'Birthers,' 'Oathers,' and 'Tea-Partiers' who have made their presence in American political debate so widely known in the past several months. Ironically enough Arizona's own John McCain was one of the few lawmakers who in 2006 did try to invite sensible debate on this issue, and he is now in danger of losing his own Senate seat to another Republican in the upcoming Arizona primaries.

We need real and intelligent national debate on this topic, and sooner rather than later. Until then, half-baked bills like this one are likely to hit the books in other states before long, including our own.



Photo Courtesy | NY Times

ARIZONA GOVERNOR JAN BREWER—
Signing AZ Senate Bill 1070 Friday April 23

steadfastly supported passage of this new law, they might find that in the future victims of real crime, as well as witnesses to those crimes, are now much less likely to come forward, which certainly does nothing to broaden the police's investigative powers. More alarmingly, I would not be surprised to see an increase in vigilante violence given that victims of crime no longer have the resources of the police to turn to and may instead choose to settle scores themselves.

Why should we Gauchos be concerned with a bill passed in another state, you may well ask?

ARTS and REVIEWS

Rock Out Biko Garage

Yunji Kim

Writer

The Biko Garage (6612 Sueno) held another brilliant and entertaining concert on Saturday, April 23. Four bands--Hermit Convention, atticabament, Hello Shark and Mount Righteous--performed (with a beer on the side) in the fairly small, but lovable garage venue.



Photo by | Molly Gordan

HERMIT CONVENTION

Hermit Convention, on tour from Santa Cruz, describes their music as indie pop/pop punk. The one-man band features Craig, who started his music career by playing the keyboard and the guitar in several different, random bands. However, he started Hermit Convention with his bass guitar approximately two years ago. Though a one-man band, Hermit Convention manages to sound complete. "I bought a looping pedal and became a band," said Craig. "It's really fun." Hermit Convention kicked off the concert with some mellifluous tunes. Comfortable, friendly interactions and communication between the band and the audience made for an amiable atmosphere. In addition, the relatively small garage allowed the audience to be physically closer to the band, creating a seemingly private show as opposed to a huge concert. Hermit Convention can be seen next in San Diego at the Park Gallery.

With five minute intervals

between each act, the audience had the opportunity to talk to the band members and get to know them while examining some of the merchandise that were on sale. Surprisingly, the band members were very sociable, as well as the show itself. "I love coming to the shows here," said first-year student Raisa Monroe.



Photo by | Molly Gordan

ATTIC ABASEMENT

"They're always welcoming and they have a nice vibe."

The next band to perform was atticabament, also a one-man band but with an electric guitar. Though I thought the lyrics were pretty humorous, the instrumental was rather mellow and beautiful. At one point, atticabament almost sounded like my overly inebriated uncle during the holidays, screaming at the top of his lungs. That was pretty great also.

Hello Shark, on tour with atticabament, had a similar mellow, laid back "indie" vibe. One member played the electric guitar while the other had two drums laid down on the floor and a tambourine in hand – certainly a different way to position a drum set. I'd like to call the guitarist cool, but his guitar was worn high above his waist. Well, it's the music that counts, right? Because his music was great! From Vermont



Photo by | Molly Gordan

HELLO SHARK— Lincoln Halloran performs on his guitar. and New York, Hello Shark made quite the journey to perform here at the Biko Garage and will be continuing his tour, playing in San Francisco at BLUESIX.

To close the show, Mount Righteous played loud, upbeat tunes that had the audience dancing, bopping their heads, and rapidly tapping their feet. Kendall, the bells player of Mount Righteous, considers the band to be a "9 piece anti-orchestra." "I would say our music is a marching band with marching band instruments that doesn't march," said Kendall. Mount Righteous hails from Grapevine, Texas, and consists of the trombone, electric guitar, trumpet, drums, bass drum, bells, melodica, tuba, symbols and megaphones for vocals – definitely a unique band with a completely different sound. About a year ago, the members of Mount Righteous quit their jobs to go on tour and it seems like

they made a good decision. This band's music has a polka punk beat with full intention to make their audience move around and feel the music.

Responses to the show were very positive and exciting. "The show was eclectic and diverse," said Sheamus Nolan from the KCSB radio station. "The Biko Garage has such a strong musical culture. It's more artistic than people realize and it's a great way to get away from the mush mash of IV." As a first time attendee of a concert at the Biko Garage, I left with a great experience and a different taste of Isla Vista. Many of the shows that the Biko Garage puts on are known through word-of-mouth or from SBDIY.org. So, go online or keep your ears open for the next show this Friday, April 28 featuring Paleo, RF Maston, Dinowalrus and Tempo No Tempo.

'Mcbeth'

Udayan Shevade
Writer

Shakespeare's bloodiest tragedy, Macbeth, gets an unusual incarnation in Gerry Hansen's adaptation, "McBeth." Her piece employs the theatrical style known as Commedia dell'Arte, in an effort to reanimate Shakespeare's grim classic with the whimsical energy of the form. Commedia originated in Italy as improvised street-entertainment in which traditional characters wore amusing masks. Such a notion grew of interest to Hansen, who wished to see what would come out of crossing "something that is so text-based" with something that is so physical and spontaneous. This ultimately inspired the production of the play as her Master's Thesis.

"McBeth" draws much of its humor from the basic incongruity between the seriousness of Shakespeare's text and the liveliness of Commedia, each providing their own energies on the stage. The opening scene clarifies the pretense—a modern Commedia troupe learns they must perform Macbeth in an upcoming festival—and sets the stage with an ironic question: "What could possibly go wrong?"

The following hour of the play seems to answer that question exhaustively as the actors partake in loud improvisation and raunchy humor, juxtaposing the severity of Shakespeare's work with the lowbrow feel of Commedia. It is engaging to watch the players slip into their masks and expand the arena, streaking through the aisles and climbing the rails. Their pandemonium fills the stage, evoking the participation

of the audience members and encouraging a general air of raucousness. The high energy seems to transform even the most morbid events into riotous scenes. At one point with the help of several others, a doctor pantomimes a rectal exam on a character who felt faint. At a later instance, one unfortunate character enjoys a five-minute death scene during which one of the murderers attempts to take away the body unsuccessfully. It is however in the heart of such noise that moments of silence emerge that have the capacity to produce a sudden vacuum upon the stage, moments of tension during which those soliloquies which are vital to the tragedy of Macbeth come like stabs in the dark. Following those silences, the hilarity once again rushes into the atmosphere.

The dynamism of each scene becomes then a thematic reinforcement of the "sound and fury" permeating the original and "signifying nothing."

In the aftermath of a victorious battle, Mcbeth hears a prophecy that he will become the ruler of Scotland, and decides to slay the king in order to access the throne. In the process he creates many powerful adversaries and great personal distress. This anguish and the violent aftermath of his actions are translated onto the stage through crude, animalistic behaviors. The actors speak in rough Scottish accents and move with hilarious swaggers. Characters get carried away, offer snappy puns and references, shriek and chase after each other—all of which is weaved into the dialogue from the original Macbeth, making what is scripted and what is improvised apparently seamless.

There are other notable elements in the play. The various stock props and masks that show up throughout the scenes, integral to Commedia, lend the tragic events an element of horseplay.

Murder weapons appear toy-like. Costumes are whimsical and color the stage: the three witches wear neon wigs; King Duncan and, later, Mcbeth wear crowns that outsize their heads, and boast suggestive sacks of money around their waists to indicate their status. All in all, the garish attires complement the humor in the play.

Whether or not you have read Shakespeare's Macbeth or come across Commedia before, this is an enjoyable slapstick piece. The opening scenes provide the viewer with enough background

for those who may be unfamiliar with either. A few may find the humor too deliberately abrasive at times or the mix of Shakespeare with Commedia unappealing. I would recommend reading the play first (or at least reading a synopsis) before watching it, partly seeing as how the commotion of the scenes might be difficult enough to follow without having to grasp Shakespeare's words as well. The play will be showing for free to the public this Friday and Saturday at 7 p.m., at Anisq' Oyo' Park in Isla Vista.



Photo by || Laura Daniels

MCBETH — Shakespeare gets comic makeover in UCSB 'Commedia dell'Arte' reproduction.

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What's Up With K-Pop

Aisa Villanueva

Writer

I am a child of the 90's – my ears have grown to sing-along melodies belted out by boy bands like *Nsync and Backstreet Boys, my gullible feet have been educated to rock on and jump vigorously to tunes sung by the likes of Bon Jovi and No Doubt, and my once hidden R&B inclinations escape me at hearing saccharine-oozing serenades by Boyz II Men. Consequently, my playlists have their roots in mainstream popular music. I am, undeniably, a lover of Western grown music.



Photo Courtesy | Big Bang Fansite

INTERNATIONAL - Kpop has listeners from across the globe. Big Bang has been featured in South East Asian Magazines.

About a year ago, however, I got an unexpected playlist recommendation from a friend. She is an avid follower of celebrity blogger, Perez Hilton, and he had just updated his blog with a gushing review of a song by Korean Pop (K-Pop) bands Big Bang and 2NE1. Excited, she called me and told me to listen to it ASAP for it was something she strongly felt I would like. She called it, "somewhere around your alley: pop that's sung in an intriguing language."

I didn't have anything to lose, so I thought I might as well give it a try. I googled "Lollipop by Big Bang and 2NE1" and was brought

to their music video on YouTube. The minute I played the video, my nose scrunched up in confusion and surprise. I was watching geisha-like girls flail their lanky arms around while wearing clothes that looked like rainbow jelly beans threw up all over them. What was even more shocking was that they shared the spotlight with their boy counterparts, Big Bang, who were equally (if not more) covered in a mismatch of neon colors that overwhelmed my poor eyes.

The days and weeks after that, I turned into Meg from Disney's Hercules when she sang, "I Won't



Photo Courtesy | Big Bang Fansite

Say I'm in Love." I would catch myself humming tunes from their song or singing their few English lines and would then forcibly stop myself upon discovering my faux pas. The melodies were pulling hard at me and with just as much strength, I was trying to resist. Somehow, there came a point when I couldn't take it anymore and simply succumbed and downloaded the song. That, ladies and gentlemen, was where my now self-confessed love affair with everything K-Pop began.

After this admittance, I've found out that I wasn't the only one who was enamored with all these too effeminate boys and



Photo Courtesy | Big Bang Fansite

BIGBANG - A South Korean Hip-hop group singed under YG Entertainment

extremely tiny China-like dolls. The world over, people are slowly, but surely being infected by the hallyu bug – the Korean wave that is taking the world by storm. For purposes of this article, I'm going to stick to the musical aspect of hallyu, which is K-Pop.

I wouldn't recommend this for everyone; as was obvious from my first try, one K-Pop sitting might be a bit much to swallow. I am giving all fair warning right now: these idols, as they are called, are a cultural experience all on their own. But if you are up for a new musical experience, the following are some of my favorites that I recommend you give a try.

Anything by "Big Bang" is always entertaining and at times very unexpected. They are composed of five members, who when on stage, collectively become a combination of the singing prowess of Ne-Yo and the rapping styles of Ludacris. Add a pinch of Korean for lyrics and fashion that is highly influenced by creations like Alexander McQueen's and it becomes understandable why they are labeled as South Korea's hip-hop trendsetters.

For all the men out there, I hear you. If cute is what you aim for, try listening to, or moreover, watching So Nyuh Shi Dae

(SNSD). From their hair to their shining-manicured toenails, they are everything aegyo (cute). Just prepare yourself for impact, because watching their music videos is like being cuddled by Hello Kitty while Pikachu embraces you with his furry yellow hair. Pessimists, realists, and skeptics might have to veer away from these girls because after listening to and watching them, you just can't help but feel good--too good actually--that it makes you feel guilty. Their adorable eye-smiles and cotton candy melodies remind me of puppy love in all its giddy goodness.

For now I'll leave you guys with these two recommendations; further suggestions might be too much. My only advice for you would be to keep your ears open and reign in the judging comments. Like with food, you never know when a new flavor of ice cream would be your favorite if you don't welcome it with taste buds wide open. Have fun and enjoy this fresh and different experience. If by any chance you find yourself slowly getting addicted to it as I have been, give www.omonatheydidnt.livejournal.com a visit. It will help you fully immerse yourself, not just in K-Pop, but all sorts of hallyu wonders.

Comic Opera ‘Cosi Fan Tutte’ At Lotte Lehmann Hall

Regina Sarnicola

Writer

Some of UCSB's most talented voices took to the stage in the colorful and farcical adaptation of Lorenzo da Ponte's opera, *Così Fan Tutte*, performed April 23-25 at the Lotte Lehmann Concert Hall. Director, Simon Williams,

interest in mind."

The story starts off with two friends, Ferrando and Guglielmo, who are in love with and engaged to two sisters, Fiordiligi and Dorabella. A mutual friend of the couples, Don Alfonso, claims that all women are capable of being unfaithful and bets the two boys their women are no different,

and each attempts to seduce the other's fiancée, hoping they will not succeed, but inadvertently falling for the girls. The entertaining performance closes without a concrete conclusion by leaving the audience to reach its own conclusions regarding who ends up with who.

"It is a beautiful, skillful piece

the opera was wonderful," said Marion Gibson. "I really enjoyed the modern day California setting." Deborah Gibson said it was her first opera, that it was really fun to see someone she knew performing.

A full orchestra, made up of selected students, accompanied the opera by performing music written by Wolfgang Amadeus Mozart. "We have a large orchestra and I selected the top students who could make the time commitment," said Richard Rintoul, professor and conductor. "The students are very intelligent and were able to learn and put everything together very quickly." Rintoul said the orchestra rehearsed about three hours a day, twice a week for eight weeks and did not even start accompanying the singers until about two weeks prior to opening night. "It has been a joy," said Rintoul. "I've been living and breathing this opera. I have really fallen in love with it; it is a wonderful, wonderful piece."

The majority of the cast were graduate students who began rehearsing the singing in January and staging in February. Helena

von Rueden, one of the two women who played Dorabella, only recently picked up singing opera although she has been singing for many years. She said the cast was a pretty tight knit group who outside of the performances, have classes and sing in choirs together. "We were all excited and a little bit nervous of course, but there was a good crowd with good energy and that always helps," said von Rueden. "I was really happy with how it went, but we always look to make every performance better."

Around 131 tickets were sold on opening night alone. They sold at \$5 for music majors, \$15 for students and \$25 for general admission. Williams said he hopes his direction and interpretation of the opera encourages others to go to more operas.

"I want others to think that operas can speak to them and that you do not have to have special tastes or interests to see them," he said. With that being said, do not miss future opportunities to enjoy the performances of our Music Department!



Photo by | Sarah Scott

LOTTE LEHMANN — Opera meets classical in comic performance

describes it as "one of the most popular of the comic operas and one of the most performed."

First debuted in Vienna in 1770, *Così Fan Tutte*, translated as "All Women Are Like That" centers on the complicated love story of four main characters. Originally written to be set in eighteenth century Naples, Williams decided to place the setting in modern day California, attempting to keep "audience

because "all women are like that." The two boys, enraged at this accusation against their fiancées' virtue and good judgment, agree to the bet and to do whatever Don Alfonso tells them to do.

Throughout the course of the play, the audience follows the boys as they stick to the bet. They trick the girls into thinking they have been called away on a business trip, but instead of leaving, the boys dress in disguises

of theatre," said Williams. The modern day setting, clever writing and vocal and acting talent made for a vivid and light performance, keeping the audience laughing and amused throughout the two and a half hour opera.

Audience members, Marion Gibson, Deborah Gibson and Joanne Eoff said they came to watch Adam Phillip, their music director at Good Sheppard Lutheran Church, who played Ferrando. "I thought

Continues from **LOVE**— from pg. 17

in and cleaning their house. Many Isla Vista residents politely declined the offer and many of the responses were that they were "actually in the process of cleaning so we're saving them the effort," as claimed an anonymous Isla Vista tenant. Others may have merely declined from the embarrassment and shame of having others clean their house. Seidman, a resident who accepted the cleanup offer, lightheartedly said, "If our house was not relatively clean, we probably wouldn't have let them come in either."

Regardless, participants of Jesus Loves IV enjoy what they do. I have to hand it to them, it's hard

enough to keep my own house clean but cleaning others' houses in addition is respectable. Carolina Madrid, a second year UCSB student and first time participant of this event says, "It's definitely like a home cleaning experience, but it's awesome showing love to people this way." So, if some of them come across your apartment and offer to clean your house this week, try accepting their offer. You might meet some interesting people, make new friends and if not, at least your kitchen is looking a bit shinier!



COACHELLA 2010

SPECIAL COVERAGE

Camping Out In The Desert With 36,000 Other Fans

Sarah Sloat
Writer

Living in the desert with 36,000 other campers for three days may not be ideal for some, but it is the beauty of Coachella camping. This sub-culture community that at first glance could be seen as a cracked out child-half hippie commune, half refugee camp—is not for the faint of heart. But for the festival devotees who reside within its grounds, it is viewed as an opportunity to live on site at one of the biggest music festivals in the world, surrounded by neighbors who are just as crazy as you are to be there.

This year, Coachella sold out their 10,000 available spots, including the areas reserved for RVs. Another addition

to the camp experience in 2010 was the inclusion of car camping, where festival participants were allowed one car per campsite. With Coachella rules stating that an unlimited amount of people

may stay on your 10x30 ft site, camping this year also came with the assurance that it was going to be hot and sweaty. In preparation for their heated, huddled masses, the Coachella grounds provided a number of amenities to cushion the camping experience, including free showers, a general store, food vendors, and a water

all in this together,” said Borzi.

Coachella camping works in a symbiotic relationship with the festival itself, contributing to its electric and spirited atmosphere long after the actual festival grounds are closed. To some, sleep is merely an option. Night activities were readily available, including roller skating from 10

neighbors, and countrymen. Sex, drugs, and rock and roll.”

With the majority of music acts starting at midday and the take-no-prisoners sun waking up around 7 a.m., the Coachella camp grounds also provided a variety of day time activities. In addition to the staple pizza and Mexican food vendors found at most fairs,

who treated consumption of Bud-light like an Olympic sport, a free shuttle to the nearby Ralphs was also available. The arts and crafts tents found on the grounds provided another attraction, and happy campers could be found putting on war paint, making paper mushrooms, or crafting musical instruments.



Photo by | Sarah Sloat

CROWDS — Thousands of people gather to listen to music artists.

station. With the sheer mass of participants, all aspects of Coachella could be expected to come with a line, but in the mind of second year UCSB student Caitlin Borzi, that was all part of the experience. “We were all dirty and gross and hot, but we were also

p.m. to 3 a.m. at the camp’s own roller derby rink and DJ music sets playing the entire night for non-stop dancing. “Coachella camping was the best time ever,” said Ben Alun-Jones, a UKEAP participant completing his masters at UCSB. “No sleep. No need. Friends,



Photo by | Sarah Sloat

RA RA RIOT — Performing at Coachella.

the Coachella campgrounds also provided a daily farmers market which offered everything from homemade muffins to locally grown watermelons. If you weren’t satisfied with these options, or needed to make frequent beer runs like my Australian neighbors

the Beatles yellow submarine all at once. “It was a hot mess and I loved everything. It felt like we were at a demented sleepover with a thousand other people,” said SBCC second year Yazmine Dadashi. “And I mean that in the best way possible.”

Most Artists Hit, A Few Miss

Simone Spilka
Writer

An event comparable in size and excitement to Woodstock in 1969, or perhaps to the Quidditch World Cup of Harry Potter, the 2010 Coachella Valley Music and Arts Festival that took place over the course of three days was a mecca for music lovers and drug users alike. The festival was held over the weekend of April 16-18 in Indio, California, and drew a staggering 75,000 people who came together to appreciate the unique 72-hour experience that allows individuals to escape from their typical reality and into an entirely different kind of world.

Upon arrival at the campsite at 6 a.m. Friday morning, my group set out to explore the grounds that would become our home for the weekend. The event was already lined with thousands of cars and tents, holding travelers anxious to see the assortment of favored musicians. As the sun rose and the gates opened, the unbearable heat was only a small obstacle to overcome as crowds gathered at the featured and favored stage, the Dolab. Entertainers included DJs and acrobats who performed acts similar to Cirque de Soleil while hosing down the dancing crowd with water.

While heading over to the other stages, I was unaware of the musical enlightenment I was about to experience. La Roux, the English electro-pop-star, amazed the overwhelming amount of fans that came out. Her choice to cover The Rolling Stones' famous "Under My Thumb" was the cherry on top of her excellently performed singles. Although it was just the beginning of the festival, I immediately thought her performance would be

my most memorable. Within another hour, my mind had already changed.

Due to the countless conflicting time schedules of the artists on different stages, concert-goers had to make sacrifices between equally good artists. Although difficult, choosing to see Benny Benassi over Vampire Weekend could easily be one of the best decisions I have ever made. With a combination of epic lighting and tremendously pumped-up electro house music lovers, Benassi far exceeded any other DJ. The much-anticipated deadmau5 followed and did not fail to amaze fans with both his music and his famous head costume lighting up to the beat. While deadmau5 fans danced the night away, Friday night headliner Jay Z rocked the main Coachella Stage. Although rumors that Dr. Dre would be making an appearance did not hold true, Beyonce joined her husband in a joint rendition of "Forever Young."

Exhausted and amazed by 1 a.m., people laughed as they realized there were still two days to follow. A great start to the Saturday afternoon was listening to the alternative rock band, The Temper Trap, perform their hit single "Sweet Disposition" and then making my way to the electro tent where Dirty South remixed the song less than an hour later. Because of the consecutive lineup of amazing DJs, the electro tent--complete with a Cubatron featuring 5000 color changing lights for those particularly inclined to trip out--was full all night. Bassnectar kept the positive vibes going and excited the crowd during his well-known remix of The Pixies' "Where is my Mind?" World famous DJ, Kaskade, who is never a let down, maintained his reputation.

Despite drawing a large crowd at the outdoor theater, MGMT failed to deliver and when their most well-known song, "Electric Feel," was not one for the ages, people immediately opted for the equally well anticipated performance by David Guetta. Guetta's music and lighting was classic, but when the appearance of two larger-than-life robots took the stage, the already rowdy crowd went wild. Tiesto ended the night on the main stage, offering an absolutely badass performance; sitting atop shoulders overlooking the massive group while dancing maniacally during "Escape Me" could easily be one of the coolest moments of the weekend.

The third and final day consisted of a more laid-back schedule, but it drew criticism for the overlap of numerous awesome artists. Having to opt for Matt & Kim over Florence and the Machine and Miiike Snow over Spoon, Infected Mushroom, or Pheonix was a grueling and debatable decision. Matt & Kim, the Indie duo from Brooklyn, put on an upbeat performance playing songs from their hit CD, Grand, such as "Daylight" and "Good Ol' Fashion Nightmare." The band jammed out on their keyboard and drums while interacting with the crowd to make sure everyone was having as great a time as they were. Unfortunate as it was, Mike Snow's performance was not one for the record. Dirty South's remix of "Silvia" on Saturday even topped the bands own version. Rather than miss out on the artists we chose to skip, my group headed to the outdoor theatre where Phoenix successfully amazed the

See **COACH**— pg. 15



Photo By | Simone Spilka

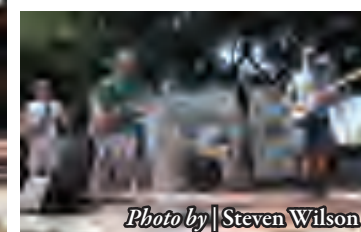


Photo By | Simone Spilka



Photo By | Simone Spilka

FROM TOP TO BOTTOM ::
ART STUDIO— Fans have time to show their creativity.
DOLAB STAGE— Bodies are suspended in the air.
TIESTO— Fans cheer for the performance.



There is No Planet B - So Try Not To Mess This One Up

Steven Wilson
Writer

Earth Day was Thursday, April 22, but don't tell that to the hundreds of people who showed up to support EAB's 15th annual Earth Day celebration on Saturday, April 24 at Anisq'Oyo' park. The Environmental Affairs Board (EAB) rolled out the red carpet for local businesses, non-profit organizations and clubs who showed up to celebrate and generate greener ways of life. The park also had live bands from twelve to seven, free food, guest speakers and a lot of free stuff.

EAB's co-chair for Earth Day, Rachel Saputo, was able to reach educational vendors for the festival in the park to inform the spectators to be more environmentally aware. **EAB claims the current rates at which the earth is using its products, "There is no Planet B". The event hosted vendors with a slightly greener thumb, such as Zip Cars, the IV Food Co-op, CalPIRG, Eden's reforest project: Plant Trees - Save Lives, Department of Public Worms, Isla Vista Recycling, Adopt-a-Block, and many more.**

"Earth Day is the largest social event for EAB and the purpose is to celebrate the Earth and learn from the educational

vendors," said Saputo. "Earth Day gets our name out there, and I hope it encourages more students to get involved with this great organization." Through events like this, EAB has become a power within Associated Students, having more of a say on campus.

A big supporter of EAB was Doreen Farr, the Third District Supervisor and the political voice of Isla Vista, who came to speak at the event: "I stress that the people here need to be the ones to take the lead on environmental issues." She continues that, as it stands now, California is supposed to be fossil fuel free by 2033, when she will be 82 years old with a much smaller voice in all political matter. "UCSB has

been the catalyst for the majority of green initiatives and that has to continue in the future to make sufficient progress," she said.

Farr was one of many to back the solar-panel parking structure on Pardall Road, which generates power for all the street lights on that road. She also backs solar powered single street lamps that would make wiring and construction a lot easier and more efficient.

Petitions were floating around all day for other Earth conscious causes like banning Styrofoam on campus and CalPIRG's renewable energy bill, which makes businesses limit their CO2 emissions with a cap and trade system.

Other tables from EAB included recycling and composting.

One specific table at the event was the compost pile from the Department of Public Worms which uses left-over food from restaurants to improve sustainability. Tabling groups such as Meatless Monday have saved the dining commons hundreds of dollars just by trying to reduce harmful greenhouse gases and educating the consumers about possible health and safety concerns.

Whether you wanted a henna tattoo or were intrigued by the magnifying glasses and blocks of wood, the educational tables kept the crowd entertained and looking good. The question is: Will the party in the park for Earth Day be any better next year?

Zipcars Launch Service in IV

Alycra Matsushita
Writer

After a week of rainy weather and overcast skies, the sun finally came out to shine on the press conference launch of the Zipcar in Isla Vista.

Held in the new solar parking lot off Pardall Road and Embarcadero del Mar, April 23 saw sunny skies and origins of the Zipcar program in Isla Vista. The event had speakers like Chancellor Yang and Doreen Farr, among others. Cori Lantz, newly elected External Vice President for Local Affairs explained the purpose of the event: "The redevelopment agency has worked with the 3rd District Supervisor Doreen Farr to put this program into IV. We currently have it on campus and it's extremely accessible... so to have it out in Isla Vista is even more convenient for us." In essence, the perks of Zipcars are that they have designated spots in IV, thus users don't have to stress over finding parking spots on crowded streets.

For students, there is a \$35 startup fee, which gets you an access card. Once obtained, either visiting the Zipcar website or using an iPhone app will allow you to reserve a spot. Time periods and car types are available online; one hour costs \$8, or a full day's use will cost \$66.

With the technicalities taken care of, Lantz demonstrated how easy it was to get behind the wheel and go. "You take your card, hold it over the [driver's side windshield] and it unlocks the car," Lantz explained. "The keys are located underneath [the steering wheel] unless it's one of the Hybrid Priuses, where you actually just push a button and it

starts." So, with the wave of your card, a small beep will sound and the doors will unlock. You can jump in the car, and with a yank under the steering wheel for the Scions, the push of a button in the Hybrids, you're zooming on your way.

Once at your destination, things are just as easy. Turn off the engine, lock the doors (with

"It's so much cheaper than having my car here. It's unbelievable, I'm really excited about it." She also emphasized the convenience of the multiple designated spots in Isla Vista that increase convenience.

Jim Heaton, Redevelopment Specialist for the county, emphasized the practicality and intended usage of the Zipcars. "It's for errands, short term runs, throughout the day," she said. "But if you want to go for longer trips, long weekends and those things, you probably still want to use maybe a traditional car rental company to be more affordable."

Doreen Farr, 3rd District Supervisor for Santa Barbara County, revealed her role in bringing the Zipcars to IV. She and her staff worked very closely with the redevelopment agency, representatives from Isla Vista, and others. "We want to look at ways that we can improve Isla Vista, particularly ways we can make it more environmentally

sustainable, as well as address issues that we have in the community," she said. "Clearly we are trying to reduce our usage of fossil fuels, car use, and increase the use of alternative transportation."

Farr reiterated their success on campus; the victory and credibility there made the transition into IV seemingly obvious. "I'm really excited about this program; it's very helpful to save people money and give them the assurance and convenience that if they need a car that one is available."

The Zipcar program was welcomed into Isla Vista with much optimism. A solid program with a history in the area, the cars are easily accessible on campus and in Isla Vista, and can be signed up



Photo by | Danielle Phan

ZIPCARS- This Toyota Prius is one car currently available in IV

another wave of the access card and the corresponding beep), the keys are left in the car and you can continue on.

Gas and insurance are covered by the company--this is a huge perk. So in case you find your Zipcar running low on fuel, you're expected to buy more, but not with your own money. If the car has less than a quarter tank, simply reaching behind the sun visor reveals a gas card. Using this, you can fill the tank completely, leaving it ready for the next user.

In terms of user limitations, drivers must be 18 and over. Drivers can use up to 180 miles a day, but any more than that leads to extra charges. Overall, Lantz beamed of the program's greatness.

Proposition AB 32

Steven Wilson
Writer

Environment California and CalPIRG vs. the Texas Twosome April 22 (Earth Day) - Proposition AB 32 is California's global warming initiative, capping CO2 levels and forcing California to decrease emission levels each decade up to 2050. Heading the attack against this proposition is the two-headed monster of Valero and Tesoro, two Texas oil companies. They are dumping millions of dollars into abolishing or postponing AB 32 to get more people to think the bill a bad idea in current times. They say California's economy is too weak to meet the requirements the bill establishes. However, according to a recent University of California study, AB 32 would generate 112,000 jobs and increase the state's economy by \$20 billion.

CalPIRG (California Public Interest Research Group) and Environment California took the problem into their own hands and protested Valero's claim all over California on Thursday. They protested in Sacramento, San Diego, Santa Barbara, Berkeley and other cities.

Locally, they spread the word at the Calle Real Valero gas station. They got over 40 honks per hour and were able to turn around 12 cars, one of which yelled they would have to push his truck to the gas station if he didn't make it. They also got flipped the bird three times, as well as being reported to police for blocking the entrance to incomers.

"By boycotting Valero, Californians are showing they support a better quality of life, creation of new jobs in a booming industry and a future in clean technology, clean air and clean

living," said Cliff Whitlock, campus organizer for CalPIRG at UCSB. The oil companies see the effects of pollution awareness in consumers and see that clean energy is the future, but they are still trying to maintain their strangle-hold on the economy with inflated gas and oil prices.

"We need the Texas oil companies to stop trying to buy our votes by bankrolling a deceptive ballot initiative that would roll back the great strides California has taken in creating clean energy jobs and cleaning up our air," said UCSB student Danielle Birresborn. "There is only a small minority who support this dirty bill, and they may have the money but we have the voices and we have the numbers to stand up for our right to clean air."

Valero and Tesoro will still try to get the signatures needed to get a vote on AB 32 in the November ballot. They need around 700 thousand signatures across each county to get their vote on AB 32, which could be kept or abolished.

Earth day protests were just the first step to raise awareness; the two headed monster is far from dead. Valero and Tesoro will continue to fund initiatives that could change the emission standards California currently has. Both environmental groups, CalPIRG and Environment California, urge consumers not to be fooled by fake advertising or a sneaky proposition on the ballot. Being a non-profit organization, CalPIRG does not have the funds needed to fight two big oil companies--a problem in a state where money holds the key to power and, in this case, holds the power to change the state of the air we breathe.

UCSB-University

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Student Group Puts Focus on Human Rights

Amanda Garcia
Writer

Founded in 2008, UCSB's on-campus Human Rights Group (HRG) is a student-run organization that aims for awareness and action against human rights violations.

"We strive to educate and empower young people by stimulating interest in and creating awareness about human rights issues locally and around the world," said Lily Nikzad, second-year public relations officer for HRG. "Everyone who joins has the common goal of making a positive impact on human rights issues around the world."

A lofty yet possible goal, HRG has participated in numerous campaigns that garner protection and awareness for human rights. This past January, the group collaborated with the Human Rights Council and created the Haiti Benefit Banquet to raise money and relief funds for Haiti victims.

"We have raised thousands of dollars for the relief effort in Haiti," said David Schnall, co-vice-president of HRG. A major success on campus, the Haiti Benefit Banquet is a clear testament of the positive efforts of HRG.

In February, HRG joined forces with Human Rights Watch in the Red Hand Campaign, an international campaign against the use of child soldiers. HRG also strived for signatures from UCSB students and faculty in support of a UN ban on child soldiers.

This past weekend, HRG sent two delegates to the UC Haiti Summit in UCSF. The summit was designed for the UCs to come together and discuss a long term UC system-wide Haiti relief effort. UCSB's delegates proposed the idea of community adoption by each UC campus



Photo by | Lizzie Liu

UCSB HUMAN RIGHTS GROUP— UCSB Students hope to spread awareness of human rights struggle around the globe, notably disaster relief in Haiti

in an effort to allocate funds to local Haiti communities.

Every Monday night at 8 p.m. in the Global Studies' Orfalea Center, attached to the front of Rob Gym, HRG members meet and discuss current human rights issues as well as different campaign agendas that group officers or members are spearheading. HRG is usually involved in multiple campaigns at once, with a sub-group in each campaign. For instance, they are currently helping a campaign for Convention on the Rights of the Child, a convention yet to be ratified by the US. HRG seeks to ratify the convention in Santa Barbara County as well as the rest of America. Also, HRG will soon be launching a Water Rights campaign encompassing global, national, and local focus on water rights.

"We love to work on issues that are pertinent to our members' feelings, so we always try to work on things HRG

cares about," said Elisa Cascardi, second-year global studies major and co-vice-president of HRG.

"[HRG is also] closely tied to the Global Studies department," added Janelle Mungo, a fourth-year psychology major and president of HRG. "So we often hear of wonderful speakers and activists, and are even given chances to host these folks ourselves." Mungo also stated that many internship opportunities are found within HRG, and several members sit as interns on very prestigious boards in the city.

This Thursday, HRG is sponsoring Invisible Children's Legacy Tour, a campaign to bring peace to Northern Uganda as well as to stop the use of child soldiers through education. Last year, Invisible Children raised millions of dollars to build schools. This year, they are starting a scholarship fund and doing a Legacy Tour. The event is from 7:30-9:30 p.m. in the IV Theater, and is free for all that attend. There will also

free Cinnabread and Wildbread from Woodstocks as an added bonus. HRG and the Human Rights Council are also putting together another Human Rights Week, from May 3 to May 7.

Although HRG is a relatively young student organization on campus, it is filled with passionate and dedicated members. HRG welcomes members who are both knowledgeable of human rights issues, as well as just starting to have an interest.

HRG is currently looking for new members to fill leadership positions for next year. Those interested can email humanrightsgroupatucsb@gmail.com for more information, or attend weekly meetings. HRG also has a Facebook page and a website, www.hrgucsb.org.

"Young people really hold so much power in determining the future of our world," added Nikzad, "and HRG is contributing to that movement."

CONTINUED **COACH**— from pg. 11

thousands who were packed on the grass dancing to songs such as “Lisztomania” and “1901.” The Gorillaz concluded the weekend with a heavily animated visual performance. Surprisingly, the group members abruptly stopped playing without making any mention that they were ending their set. And thus concluded Coachella, but reflecting on the overall success of the festival made it impossible to utter a word of complaint.

The festival consisted of a far broader array of activities and adventures beyond simply singing, dancing, or stumbling to the words of the numerous amazing performers. Exploring this unique environment was one of the most rewarding aspects of the trip. Walking through the campsite, we came across a caravan of eight cars filled with UCSB students and alumni complete with a “Gauchochella” sign posted above their tents.

Fourth year global studies major Jessie Solomon joked, “It’s great traveling with Santa Barbara friends, because they

create the party wherever they go.” And when Coachella-goers weren’t partying, they could enjoy the Farmer’s Market located on site where 25 Southern California Farmers sold fresh and delicious treats.

Not much farther off were the Coachella Art Studios, an area open from 10 a.m. to 2 p.m. where volunteers receive unlimited funding, free passes, and camping spots in return for their contribution to run a particular station.

The unique outdoor environment consisted of activities such as decorating sunglasses and stashboxes, adding to a communal sculpture, spray painting on a massive wall, and making clothing and jewelry, to name a few. For night owls, the area was re-opened from 12 a.m. to 3 a.m. and consisted of a neon-lit swing set and roller derby all the while DJs continued playing to ensure the music kept going all weekend long. Ten hours of sleep, four days, and \$500 later, my first time experience far exceeded my expectations. Until next year, Coachella.



Photo by | Simone Spilka

GAUCHOCHELLA— A shared tent for a group of UCSB students to enjoy Coachella together.

SB Mission: Its Painful Past

Steven Wilson
Writer

Enriched with white stone walls, a breathtaking rose garden and beautiful neoclassical architecture, the Santa Barbara Mission has become a popular site for tourists and residents alike. People visit daily to attend chapel services, go on a tour to learn about its history, participate in community activities or to simply take in its captivating scenery. Despite the multiple functions that the mission serves to the public, people often ignore its dark and deep rooted history. Death, slavery, hard labor, forceful leadership and punishment are contained within the walls that uphold the mission’s exquisite beauty.

Most UCSB students and spectators are unaware of the history that surrounds the building, mainly because it is a subject rarely dealt with in the scope of public education. “Education of the Mission is tied into the Santa Barbara grade school curriculum because it is a part of our culture and history,” said Grant Gregory Bentz, a UCSB senior and Santa Barbara local. “In

other places, people would not be subjected to learning about its history, because it’s not as important if they don’t live in the same area. That is why many people that are not from here do not know about it.” Basically, most people perceive the Santa Barbara Mission as a church and communal gathering place, so its mysterious past history remains unclear for the majority of tourists and non-Santa Barbara locals.

Prior to the building of the Mission in the 18th century, the Chumash Indian tribe inhabited the land of Santa Barbara. Dome shaped huts were scattered

throughout the area where the Chumash used their hunting and gathering skills as a means for survival. Baskets, boats, stone bowls and tools served as items that the tribe capitalized off of. They lived in harmony until the unexpected arrival of the Spanish forced them into becoming enslaved and controlled. No longer did they have the choice to carry on their beliefs and values due to demands of the Spanish

Throughout their enslavement, the Chumash faced abuse, rape, brutal punishments and control by the colonists. Its painful past is misrepresented through the beauty it portrays. Its difficult to come across any explanation for the building of the Mission unless one attends the tour that is provided for a small fee.

Despite the painful history behind the Mission’s beginnings, some positive developments have been created to embrace the beauty that it contains. From the mid to late nineteenth century, the Mission was used as a college and educational center. Today, it serves as a communal gathering place for Spanish fiestas, chapel services and the annual Madonarri festival in the spring where people gather and display realistic chalk art on the Mission’s grounds. These events have in some ways, overshadowed the painful past of the Chumash Indians. As a result, the Mission is presently exploited as a historical landmark for tourists to view.



Photo by | Zephyr McIntyre

SANTA BARBARA MISSION— “Mission of the Lady Barbara, Virgin and Martyr”

colonists wanting a homogenous Christian environment. Thus, the building of the mission began as a means to convert the Chumash tribe into Christian followers.

Originally named the “Mission of the Lady Barbara, Virgin and Martyr,” the Santa Barbara Mission was completed in 1786 when the Chumash tribe was religiously converted into Christianity. The Chumash tribe was forced by the colonists to build the mission with their bare hands as just one of many other harsh labor they were made to do.

The beauty of the Santa Barbara Mission has blinded people from its past historical context. It continues to be represented as a beautiful tourist attraction for locals and people from all around the world. Although the Mission should be praised for its beautiful scenery and architecture, its history should be recognized as well. The Mission should be presented with the knowledge of the sacrifices that the Chumash Tribe had to go through when building it.

Finding The Best Places To Jog At UCSB

Yunji Kim
Writer

Who needs a treadmill when one of the most beautiful stretches of the California coastline is in your backyard?

With spring in full swing here at UCSB, sunshine and warm weather means liberation from the crowded sweat lodge, more commonly known as the “RecGen,” where gaining access to equipment is oftentimes the most strenuous part of a workout.

So make it easy on yourself—put down that Access card and pick up your key to the city. The coastal breeze has been whispering your name. Isn't it about time you paused that iPod and took a listen?

There's no better way to unwind from a tough day of class or conquer a hangover than some light cardio, especially when your environment is as pleasant



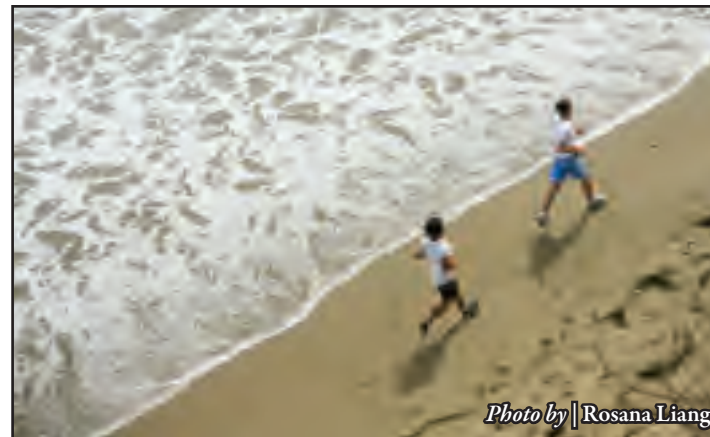
LAGOON— A place for incline running

as the one here at UCSB. Miles and miles of jog-worthy terrain surround campus and Isla Vista, providing endless opportunities for students to get fit, get tan, and gain a fresh perspective on their strenuous lives.

But where exactly are these splendid routes? Whether you're training for a marathon or just wanting to get in shape, the following list will point your feet in the right direction and help you avoid as many potholes, dead seagulls, and sex offenders as possible.

#1 – UCSB Lagoon/Campus Point: Nestled in the heart of campus, the lagoon’s convenient location and pristine nature make it the most popular area to run at UCSB. A wide gravel path runs in a circuit around the lagoon and past the UGen, crisscrossed by various trails that allow runners to explore a diverse range of natural vegetation and wildlife. Be on the lookout for squirrels, waterfowl, and the smell of marijuana emanating from large bushes.

#2 – Coal Point Oil Reserve: For runners looking to escape the hustle and bustle of the University and Isla Vista, look no further than Coal Oil Point Natural Reserve on the west end of campus. Established in 1970 to protect and maintain the habitats of several endangered species, the 170-acre reserve consists of coastal dunes, eucalyptus groves, and a huge stretch of empty beach commonly referred to as “Sands.” Starting at the west end of Del Playa, a short trail along the cliffs



WAVES AND FEET— The beach is great for the view and good for the legs

leads to the idyllic reserve.

#3 – Depressions Beach: The beach closest to IV, Depressions is the premier jogging route in terms of accessibility and convenience. There are several access points along Del Playa and Manzanita Village for students who want to squeeze in a run between classes or just before dark. Just be wary of the occasional water balloon bomb, and make sure to check the tide before heading down, as it occasionally runs all the way up to the cliffs.

#4 – Goleta Beach County Park: Located just east of the university's main gate, scenic Goleta Beach can be accessed by a dirt path that runs along the bluffs by the dorms. Runners can jog along the beach, the grass, or venture onto the pier and observe weathered fishermen in their natural habitats. Although the beach itself is not very extensive, there are several trails connecting to it that run alongside the charming wetlands of the Goleta

Slough. For the undisciplined and easily distracted, the park provides all the necessary amenities, including a playground, barbeques, horseshoe pits, and the Beachside Cafe. Eating and running can be a dangerous combination, but feel free to indulge here, as the county provides two expansive public restrooms within 100 feet of each other.

#5 – Del Playa on a Friday Night: Experience Isla Vista in its most glorious state by lacing up your sneakers and hitting the pavement between the ripe hours of 10p.m. and midnight, preferably on a weekend. Competitive runners will drastically improve their racing technique while weaving in and out of the hordes of belligerent co-eds who religiously flock to Del Playa every Friday and Saturday night. If you get thirsty, just duck inside the nearest house and you'll surely be rewarded with ample hydration. Who knows, you might even enlist yourself a workout buddy.

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Center for American Progress

Impacting HS Students Serving IV In The Spirit of Jesus

Vicky Karpilovich
Writer

SMART, or Students Making Academics Reality Today, is a student run organization on campus dedicated to exposing under-represented high school students to the possibilities of college. The program, coordinated by Zeta Phi Rho Fraternity Incorporated and Lambda Theta Alpha Latin Sorority Incorporated, attempts to guide the prospective students on the college path to success. They put on a school-funded workshop spanning several days, striving to introduce primarily minority students to college life, admissions, and financial aid.

The event is scheduled for either April or May of every spring quarter and requires the participation of many volunteers. Besides donations, UCSB students are encouraged to volunteer their dorm rooms for the span of the event to help house the guests. Both students and faculty can also volunteer to join a speaking panel for the workshop.

The purpose of the speakers is to educate the prospective students on the opportunities college may present, as well as to answer any persisting questions and worries which can discourage many students from attending college. By far, the biggest question seen by the group is "How can I afford college?" Anthony Galaviz, a third year sociology major at UCSB, and SMART participant in 2007, is the first member of his family to attend college. He said the program "got the word out" about ways he could finance his college education. Most students are unaware of financial aid, grants, loans, and scholarships that are available, although they do know the high cost of tuition

proves to be a major obstacle. Over 65 percent of UCSB students receive some form of financial aid, but sadly for many participants of SMART, money is often the deciding factor in the pursuit of education.

This program is vital, because so many communities across the state fail in providing proper advice and motivation necessary to encourage students to advance their education. SMART provides detailed information about not only the various forms of aid, but also about the numerous opportunities college has to offer: from prospective class choices, campus organizations and careers to the adventures of Isla Vista. Anthony mentioned that the program "keeps it real" with the students, and the panel is committed to spreading knowledge, not just making the program or school seem appealing. The purpose of the program is to encourage interest in education and to present higher education as a reality rather than a forbidden dream or an unapproachable obstacle.

Current UCSB students are welcomed to volunteer and are invited to engage with the visitors and provide valuable information about their experiences as college students. SMART relies on student organizations to provide entertainment for prospective students, so there is a multitude of ways for current students to get involved. Although SMART is a recently founded program, it has been exceptionally successful in spreading education and information. This year's workshop dates will soon be finalized, and the program is certain to uphold the strength and success of those from the years previous. Donations, community awareness, and help of students like you help make it all possible.

Lucas Ryden
Writer

Jesus loves Isla Vista, or so claims UCSB's campus organization, Real Life. Recently, many UCSB students have answered their doors to a group of people equipped with cleaning supplies in hand. The Campus Crusade group will be knocking on each door in Isla Vista, offering cleaning service as a way of "serving" the community, just as Jesus had served others. But don't get them mixed up with Jehovah's Witnesses who show up on your doorstep at 8 in the morning to share the good news. Jesus Loves IV, instead, offers to clean up those red cups and other miscellaneous party items as a way to help out the community.

Previously, cleaning up houses in IV was something Real Life organized each month – just one day to serve several houses. This spring, however, Real Life decided to extend this movement to a week-long function for this year's annual event. Many different Christian-based clubs and organizations, such as BAM, (Born Again Ministries) and Destino partnered up with Real



Photo by | Rosana Liang

REAL LIFE — Volunteers serving the community

Life to get involved with the Isla Vista cleanup. Organizations outside of UCSB campus, such as Isla Vista Church and Adorn, a college youth group in Carpinteria, also volunteered to come and venture out to IV.

Individuals participating in the Jesus Loves IV event will literally be knocking each door from the very first room of the first building to the very last of the last in the city. By extending this cleanup to a week-long event, the goal is to cover all of Isla Vista and serve the students and families living there. However, these individuals will not be bombarding the residents with information about God. They will merely offer cleaning services and inform the residents that the purpose of the cleanup is to share the love of Christ. "The purpose is to serve people – God loves us and served us in the ultimate way," said Clay Baber, one of the outreach leaders. "As Christians, a lot of us are going out and serving others this week."

Real Life outreach leader, Carissa Mitchell explained that Jesus Loves IV is all about serving people and spreading Jesus' love. "It's just a way we can show love in a different way," said Mitchell. "We just want to show Christ's love and build relationships with people." Jesus Loves IV week is

not an event in which the campus Christian groups make their way through IV preaching about God in hopes of converting the entire Isla Vista community, but rather an unconventional act of kindness. Second year student and IV resident, Erik Seidman, said, "It seems like a great way to show kindness; a realistic way to help people." Some students felt indifferent about the situation but accepted the offer for a free cleanup anyway. "This is cool, I guess. I never experienced anything like this," said third year Mat Deuteau. "I'd rather not clean my own kitchen and they're just trying to help out."

Though it is a kind gesture and a unique method to share the "Christ's love," this is not to be thought equivalent as to how Jesus has served others. Does it say anywhere in the Bible that Jesus went around his neighborhood offering personal cleaning services? Allowing Jesus Christ to come and clean up the living room just might induce some serious guilt trips. Speaking of guilt, guilt may be a reason why several tenants did not want Jesus Loves IV groups coming



Photo by | Rosana Liang

VOLUNTEER — Assisting with cleaning.

See **LOVE** — pg.9

HEALTH and LIFESTYLES

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Reality vs. Myth When It Comes To Hangovers

Shelley Flores
Writer

There are many oft-quoted remedies that relate to the process of curing a hangover. But do you know the difference between myth and fact? Some of the most widely circulated myths regarding the treatment of hangovers include taking aspirin, grabbing a "cup o' joe," or drinking more alcohol the next morning. However these treatments can actually make a hangover worse. Many people are unaware of how to properly treat their hangover and may inadvertently cause more harm than good.

A hangover is a series of delayed physiological effects that occur after consuming too much alcohol. Common short term side-effects include headaches, sensitivity to light and sound, dehydration, vomiting, dizziness, and an increase in feelings of depression. Meanwhile, long-term effects from chronic drinking include liver damage, harm to the central and peripheral nervous system, and a higher risk of developing alcoholism and cardiovascular disease.

Drinking too much in one sitting can happen easily and more often than one may think. The human body processes about fourteen grams of pure alcohol every hour, which equals about 0.6 fl oz. This is the equivalent of a 12 oz. bottle of beer, a 5 oz. glass of wine, or a 1.5 oz shot of hard liquor. Most drinks served in red cups at parties in Isla Vista will contain several times this amount, as will many mixed drinks that are served in bars downtown. This can make it difficult to keep an accurate count of consumed drinks, and means that frequently you might

end up drinking alcohol faster than your body can process it.

For those that find themselves in this situation, here are some tips provided by Health Educator, Michael Takahara, for the mornings after when you wake up not feeling like P. Diddy.

1. Eat a healthy meal within

does not counter a hangover, and in fact actually dehydrates the body. It is best to avoid it unless you are a regular coffee drinker. If this is the case, you should have your first cup at the time you would normally have it. Otherwise, your body will suffer from both alcohol *and* caffeine withdrawal, which can

just limited themselves to a single intoxicant. However combining drugs can also lead to dangerous outcomes.

"Depressants affect the central nervous system of your body," said Takahara. "So basically, if you have enough of that drug and that synergy, you can actually run into people dying. It depresses the body so much that they stop breathing," he said.

What should also be avoided is mixing alcohol with energy drinks. This increases dehydration and can also cause high blood pressure and heart palpitations, which is an irregular beating of the heart. Another thing to avoid is taking acetaminophen or aspirin while drinking. The combination of these two can cause the body to create a toxic substance that is harmful to the liver. By following these guidelines, one will be better prepared in not only preventing a hangover, but also in potentially saving a life.

Photo by | Sarah Scott



HANGOVER REMEDIES — Instead of coffee or more alcohol, try antacids or carbohydrates

one hour of waking up. Having low blood sugar is one of the causes of headaches. According to Takahara, eating a good breakfast will help raise blood sugar back to normal and he explained why: "Your body is working on processing the alcohol and plus, if you're sleeping, you have probably been fasting for a while. Your blood sugar level has dropped so that can add to the headache."

2. Re-hydrate. Drinking alcohol dehydrates the body, causing fatigue and contributing to headaches. By drinking lots of water and juice, you re-hydrate your body and can lessen the discomfort of your hangover.

3. Avoid caffeine. Caffeine

ultimately worsen your hangover.

4. Take antacids. If you are suffering from an upset stomach, brand names such as Pepto-Bismol, Tums or Maalox can help counter the discomfort.

5. Eat carbohydrates. This helps to prevent and treat a hangover. If you snack on crackers while drinking, it helps by absorbing the alcohol and slows the rate in which it enters into your bloodstream.

There are other dangers you must be aware of while drinking, one being synergy. Synergy is the practice of combining multiple drugs, including alcohol, in order to produce a greater effect than one would experience if they

When using these tips, one must consider that alcohol affects everyone differently. Genetics, weight, gender and height all play a part in how much a person can tolerate. For example, a 6-foot tall man will be able to handle more drinks than a 5-foot woman. Keep all these things in mind when drinking to avoid a trip to the hospital or doing something you will later regret. For more information on the dangers of excessive drinking, hangover tips, and mixing substances, refer to lifeoftheparty.sa.ucsb.edu. If you wish to speak with someone in person or have questions visit the Alcohol and Drug Program located in Embarcadero Hall.

Increased Adderall Use in IV Poses Vexing Questions

Melissa Nilles

Writer

So it's 12 a.m., and in exactly 8 hours, your 7 page research paper on Cambodian Guerrillas in the 1980s is due in lecture. You are on page 2. Do you try to get as much done as you can on the paper and then wake up early to finish it? Do you skip the paper, resigning yourself to an F and a laborious repeat the next quarter? Do you try to convince your TA that you have mysteriously caught leukemia and could not finish your paper in time? Or do you turn to something a growing number of students at UCSB are using to study or complete tasks, the widely known so called "study drug" Adderall?

In what has become a growing trend nationwide, many college students have started illegally using other students' prescription stimulants, including an estimated high percentage of undergraduates at UCSB. Adderall, Ritalin, Dexedrine and Vinase are the most commonly prescribed stimulants, and are most often used by psychiatrists to treat patients suffering from Attention Hyperactive Disorder (ADHD) who frequently report that such drugs can provide focus, concentration, and a general sense of calm and relaxation.

However, drugs such as Adderall are prescribed so frequently now, including to patients with dubious ADHD diagnoses, that it is not difficult for college students to find someone who has a valid prescription and obtain them illicitly. Students who do so frequently use Adderall to help them get through exams, finish term papers, and get important reading or studying done without procrastinating. Some students are even using Adderall

as a weight loss pill, a fun way to get high, or as a means to keep partying long into the night.

"It's like heaven as far as studying goes," said Dexter Cowell* a third-year UCSB student. "Once I took a 30 mg capsule that lasted all day but I took it in the morning so I was just alert and focused all day."

Cowell also said that the drug allows him to become very creative, often enabling him to

drugs such as Adderall do not expect to experience some of the drug's various malevolent side effects such as lack of hunger, restlessness, dry mouth, and sleeplessness.

Mary Ferris, Medical Director of UCSB Student Health, had plenty to say about UCSB students' use and abuse of Adderall, commenting that the drug was "dangerous and can cause heart attacks (when taken) in excess." She cautioned that the

drugs are used appropriately and are not being diverted to other students. Said Ferris, "Other UC campuses' student health pharmacies don't give out ADHD medications, but we feel that some students really need it, so we provide it but we have strict rules [for Adderall] as compared to other drugs." Continued Ferris, "when students 'lose' their prescriptions or get early refills, we get suspicious."

Ferris sympathizes with UCSB students experiencing the academic pressure to do well in school, but wonders why students have to resort to using a drug meant for those with a serious disorder. "Students get overwhelmed. But just because college is hard doesn't mean you have ADHD," said Ferris.

Another medical authority on the UCSB community's use of Adderall is Whitney Bruice, a Counselor and Educator with the Alcohol and Drug Program at UCSB. Bruice stated that the Alcohol and Drug Program frequently counsels students who are addicted to Adderall.

Bruice emphasized that, although she did not feel Adderall was severely dangerous, it might not be wise to start taking it: "No students are overdosing on Adderall, and I don't know anyone who's died... It's not a killer drug."

Continued Bruice, "[However], people can develop a tolerance, and most experience a comedown when they are depressed or lethargic. They can also develop a psychological dependence where they can only do well with it. Without a prescription, [the safety of taking the drug] depends on the student."

While the illegal nature of drug use makes it difficult to gauge the number of students at UCSB who take a particular drug, anecdotal evidence indicates that the number is alarmingly high. All

of the students who I interviewed reported that even if they do not take Adderall themselves, they know at least one other person who does. The implication is that with such an extended network of users on campus and in Isla Vista, it is not difficult for any student to experiment with the drug if he or she is so inclined.

The popularity of Adderall use notwithstanding, there are a quite a few UCSB students I interviewed who expressed concerns about using Adderall and who choose not to use the drug, relying instead on alternate methods to enhance their studies.

"You can eat certain foods that increase your attention and focus like blueberries and salmon, flaxseed, etc.," said Erika Marty, a second year student. "So I think Adderall is pointless. It would be smarter to just eat a healthier diet that allows your body to produce those chemicals more and more easily."

Continuing in the same vein, second year student Kyria Edwards added that "I have never taken it because I don't believe in it personally. I want to get energy the natural way."

All things said, it seems wise for students to learn about the negative side effects associated with the drug, avoid mixing Adderall with other drugs, and be responsible with their experimentation with the drug if they choose to try it.

"I understand that it is normal for college students to experiment, and a single use is typical and probably won't lead to harm, but be smart about it," advised Ferris.

* Starred names have been changed in this article for those students who requested anonymity.



Photo by | Eddie Ferry

ADDERALL— A growing trend nationwide.

say whatever is on his mind. "[When I take it] I become a social superstar," he said.

Cowell also explained how he was able to acquire Adderall through dubiously legal means. "I don't actually have ADHD, but I want Adderall, so I go in and see a psychiatrist at Student Health who gives me a prescription," he said.

UCSB second-year student, Natalie Pinkerton*, reported that she has taken Adderall without a prescription "quite a few times."

"The first time I did it, I had bad side effects because I didn't eat anything that day, so I got a massive migraine during my final and almost passed out," said Pinkerton.

Similar to Pinkerton and Cross, many students who take

worst drugs to take with Adderall are cocaine, methamphetamines, ecstasy, and alcohol. These drugs, when combined, can multiply the individual effects of each in a physiological effect known as synergy, and can lead to serious negative side effects, including overdose. She added that Adderall can be habit-forming, and act as a gateway drug to other illegal prescription drugs.

While Student Health commonly prescribes Adderall to students who have legitimate prescriptions, they are currently trying to combat the misuse of Adderall as a study drug at UCSB. This includes hosting several conferences regarding the use of study drugs, where they discuss the medical implications of stimulant abuse and try to make sure the

CALENDAR

Interdisciplinary Humanities Center

Screening: *Blue Gold: World Water Wars*
Tues, April 27, 3PM
McCune Conf. Room

Talk: *The Deep Prehistory of Indian Gaming*
Barbara Voorhies
Mon, May 3, 5PM
McCune Conf. Room

Talk: *Alien Ocean, Life at Sea*
Stefan Helmreich
Tues, May 4, 4PM
McCune Conf. Room

Workshop: *Demystifying Budgets: How to Design a Budget for your Research Proposal*
Wed, May 5, 3PM
McCune Conf. Room

Talk: *The Global Water Crisis and the Coming Battle for the Right to Water*
Tues, May 11, 7PM
Corwin Pavilion

Isla Vista Arts Events

It's Complicated
Tues, April 27, 7:30&10PM
IV Theatre

UCSB Improvability
Fri, April 30. 8PM
Embarcadero Hall

The Hurt Locker
Fri, May 4, 7:30& 10PM
IV Theatre

Hub Events

Primavera Festival-RedBlack Concert
Fri, April 30, 8:30PM

August Burns Red
Tues, May 4, 8pm

RHA All-Hall Talent Show
Wed, May 5. 8pm

Center Stage Theatre

Bill W. And Dr. Bob
April 27, 28, 29, 30 & May 1, 2 , 8PM

“Celebration of Stories”
Sun, May 9, 2PM & Mon, May 10, 7:30PM

Multi-Cultural Center

White Boy Brown
Wed, April 28, 6PM

An Evening of Latin Music with Rupa and the April Fishes
Fri, April 30, 8PM

“Looking Back to Look Forward: Cross Culture Diversity and Today’s American Theater”
Thurs, April 29, 5PM

Central American Forced Migration: Conversations for Change
Mon, May 3, 12PM

On These Shoulders We Stand
Wed, May 5, 6PM

“Selinadad”: How Latinos Remember Selena
Thurs, May 6, 5PM

“The Compton Cookout” and More: Race in the College Party Scene
Tues, May 11, 7:30PM

Arts and Lecture

Compania Nacional de Danza
Tues, April 27, 8PM
Arlington Theatre

Avett Brothers
Wed, April 28, 8PM
Arlington Theatre

Rachel Lee
Fri, April 30, 7PM
Hahn Hall

David Sedaris
Monday, May3, 8PM
Arlington Theatre

Greg Mortensen
Tues, May 4, 8PM
Arlington Theatre

Broken Embraces
Thurs, May 8, 7:30 PM
Campbell Hall

David Brooks
Mon,May 10 , 8PM
Campbell Hall

University Art Museum

Answers to Questions: John Wood & Paul Harrison
Feb 17-May 16

Artist-in-Residence: Ann Diener
Feb 17-June 20

Miscellaneous

“How to Create and Give a Corporate Presentation Using Powerpoint”
Wed, April 28, 5:30 PM
Eng Sci Building 2001

Music: Electric Catfish
Fri, April 30, 7PM
LLCH

Shakespeare in the Park: *Macbeth*
Fri, April 30, 7PM
Anisq’Oyo Park

Post Brazilian Carnaval Celebration
Sat, May 1, 6:30PM
Storke Plaza

SBDC, ‘Club de Salsa, An Evening Salsa Workshop and DJ Dance’
Sat, May 1, 7PM
Rob Gym 2320

Queer Bible Study/ Critical Analysis of The Bible
Tues, May 4, 4PM
SRB 3rd Floor

The House of Bernardo Alba
Fri, May7, 8PM
Sat, May 8, 2&8PM
Studio Theatre

UCSB Latin Jazz Ensemble
Wed, May 5, 12PM
Music Building

Cotillion Dance Club’s Golden Years of Hollywood
Sat, May 8, 8PM
SRB’s MPR

Art Opening: Public Lives of Posters in SF
Tues, May 4, 7PM MCC